



Circle of Care is CASA Mental Health's publication for child, youth and family mental health in Alberta.

A Note on Future Circle of Care Editions

Thank you for being a part of 12 editions of the Circle of Care!

Moving forward, this newsletter will be sent out monthly, which means more timely information about CASA Mental Health in a more condensed newsletter.



You can expect updates on CASA's ongoing expansion work, and featured stories on patients and families, programs and volunteers.

[**Get Help**](#)

[**Give Help**](#)

Construction Underway for CASA Houses in Calgary and Fort McMurray

Last edition, CASA Mental Health celebrated sod-turning on new CASA House building sites in Calgary and Fort McMurray. CASA is excited to share that needed mental health care for youth in these communities is another step closer to reality, with construction officially underway!

Check out the latest progress photos from earlier this summer.



CASA House Calgary and CASA House Fort McMurray are slated to open in 2027.

CASA House is a voluntary, live-in program for youth in grades 7 to 12 who have significant mental health challenges, and have not responded to previous therapy. Youth stay at CASA House for an average of four months, and receive education and treatment from a team of school and mental health professionals.

CASA's Adolescent Day Program (ADP) will be co-located at each new CASA House build. ADP is a unique semester-based program, designed for youth with significant mental health challenges. Youth attend ADP daily as they would school, and receive group, family and individual therapy, and social and life skills training while continuing their education.

Follow along as construction progresses on CASA's community-specific web pages:

[Read More: Calgary](#)

[Read More: Fort McMurray](#)

Back-to-School Fundraising Campaign

This back-to-school season, *you* can make a difference for kids headed back to class.

This campaign's story about Shola Whetter, CASA House Program Manager, highlights how school-based mental health programs like CASA House help patients succeed in school and beyond.

Make a gift today to help more kids and youth with mental health challenges have the resources, strategies and support to succeed in school this fall.



[Read Shola's Story](#)

[Make a Gift](#)



Help Us Explore the CASA Care Store

CASA is exploring an idea: **could the sale of thoughtfully designed products create another way to support children and youth mental health by generating additional revenue for CASA's mission?**

We're calling the idea the **CASA Care Store** and, before deciding whether this social enterprise idea should move forward, we want to hear from you!

Our short (5-7 min) [survey](#) seeks your opinion and introduces several potential products.

Your feedback will help us determine if the CASA Care Store can help us support our mission.

Did you know?

A nonprofit social enterprise is a revenue-generating business operated by a charity to advance its mission and enhance financial sustainability.

[Share Your Feedback](#)

CASA in the News

Important Mental Health Reminders as Kids Go Back to School

Kids are officially back at school and we're talking about what mental health challenges might look like in the classroom.



[Watch the Segment](#)

Leah Fraser, program manager and **Keesha Sidhu**, mental health therapist, joined Global Morning News Edmonton to help viewers know what to do if their kids are struggling this upcoming school year. Visit casamentalhealth.org to see previous Global segments.

Driving Change on the Green

The **2026 CASA Golf Classic**, presented by Durabuilt Windows & Doors and Clark Builders, was un-fore-gettable, with nearly \$347,000 raised for child and youth mental health services! Thank you to everyone who was part of this record-breaking event. Investing in children's mental health care now has impacts for generations to come. We are incredibly grateful for the dedication of our supporters.

If you are interested in partnering with us for next year's CASA Golf Classic or another signature CASA event, email us at events@casaservices.org to get the ball rolling.



Wills Week is Oct. 5-9

Planning for a legacy gift in your will ensures that your dreams and aspirations for the community continue well into the future.

The Edmonton Community Foundation partners with a dedicated team of volunteer estate lawyers to answer your questions about will and estate planning. Wills Week sessions are free of charge to the public. **Sign up for a session today** or **check out last year's sessions on YouTube**.

Volunteer Profile: Wanyixiong Hua

Wanyixiong Hua is reliable, curious, compassionate and charismatic: all the hallmarks of a fantastic volunteer.

In both the clinical stream and at various signature events, you can always find Hua with a smile on his face, a hand to lend and an enthusiastic attitude.

Interested in becoming a volunteer? Visit casamentalhealth.org/volunteer or read more about Hua's experience below!



Volunteer Wanyixiong Hua has contributed more than 100 hours in supporting CASA's services and signature events.

[Read More](#)



An Indigenous dancer performs at CASA Mental Health's Indigenous Knowledges Day 2026.

Photo by Richardson Media

Indigenous Knowledges Day: Gathering Our Spirit

On Aug. 21, hundreds of CASA Mental Health staff gathered at Edmonton's Northeast River Valley Park for our Indigenous Knowledges Day. The day full of educational programming supports [CASA's commitment to Truth and Reconciliation](#).

The event focused on the four aspects of the Medicine Wheel traditional to many Indigenous tribes: spiritual, emotional, physical and mental.

It reminds us of the interconnectedness shared among the four aspects, and the importance of maintaining balance between them, both personally and professionally as helpers.

To allow staff time to reflect, attend community events and consider our roles in the process of Truth and Reconciliation, CASA Mental Health is closed on Sept. 30, National Day for Truth and Reconciliation.

**Share Your Thoughts on the Circle of
Care**

Your anonymous feedback on the way we communicate will help CASA Mental Health expand its circle of care around the province to provide much-needed mental health services to as many families as possible.

Share Your
Feedback

Community Fundraiser Spotlight

Peace in the Park marked its 12th year running, and ninth in support of CASA, with a beautiful morning of restorative movement and mindful connection, graciously hosted by our friends at **Strength & Grace Yoga**. Our community showed up with heart, filling the park with mindful presence and support for kids' mental health.



Thanks to everyone who joined in and helped raise over \$4,500 for CASA Mental Health. Your generosity helps children, youth and families access mental health care that brings stability, confidence and hope when it's needed most.



Photo credit: Strength & Grace Yoga

Feeling inspired? [Find out how to host your own fundraiser.](#)

Get help, give help. Visit our website at casamentalhealth.org

Like this email? Forward it to a friend and encourage them to [subscribe](#).



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