CIRCLE OF CARE

A CASA Mental Health Monthly Update

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This Just In: CASA Annual Report Hits Newsstands



CASA Mental Health's 2025-26 annual report is now available, inspired by the vibrant, curiosity-driven spirit of *New York Times for Kids.*

This year brought major milestones: record numbers of children and families served, the largest donation in CASA's history and groundbreaking on two new CASA House facilities.

The annual report highlights powerful stories, community investment and the impact you help make possible.

View the annual report

CASA's Province-Wide Progress Shines at the 2025-26 AGM



Photo credit: Appletree Photography

CASA Mental Health hosted its Annual General Meeting virtually on Wednesday, Oct. 7, sharing major milestones from 2025–26, including new Trauma services in Calgary, 10 additional CASA Classrooms and progress on CASA House builds in Fort McMurray and Calgary. Four awards were presented, celebrating outstanding careholders and advocates.

Watch the recording **Read the summary**

Celebrating 10 Years of Hope at CASA Centre



On Thursday, Oct. 8, we celebrated the 10th anniversary of CASA Centre at a donor appreciation event.

Ten years ago, this beautiful building became a reality thanks to CASA Mental Health's donors, supporters, staff, Board of Directors and volunteers. Today, CASA Centre continues to warmly welcome every patient and family member who walks through its doors.

View event photos

Read about CASA Centre's history

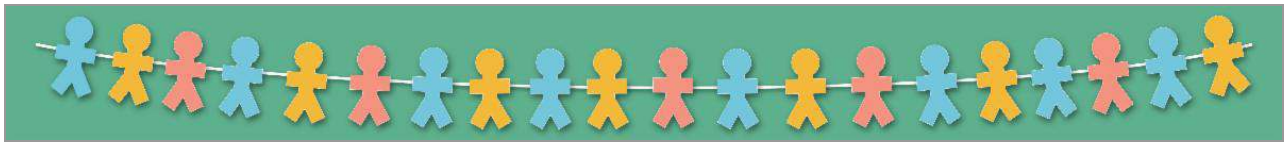
Honouring a Legacy of Advocacy and Compassion



Read the full tribute

CASA Mental Health proudly celebrates more than 40 years of dedicated mental health support as we honour the retirement of Dr. Andrew Bremness.

A compassionate advocate and educator, Dr. Bremness received CASA's inaugural Advocacy Award for his decades of leadership, vision and commitment to children, youth and families. At a special celebration, Knowledge Keepers Frank Shannon and Theresa Cardinal presented him with a star blanket to mark this meaningful milestone.



Teen Burgers for Teen Mental Health

Fort McMurray showed up in a big way on Friday, Sept. 25. For every Teen Burger sold, local A&W restaurants donated $1 to support kids' mental health through CASA.



Because of your appetite and generosity, more than $3,600 will help bring timely mental health care closer to home for kids and families.

Feeling inspired? Find out how to host your own fundraiser.

A Stronger Start for Kids

We’re grateful to everyone who helped make CASA Mental Health's fall fundraising campaign a success. Together, we raised over $17,000, which will ensure more kids and youth with mental health challenges have the resources, strategies and support to succeed in school.

Thank you for your generosity and for making a difference for kids during the back-to-school season.



How to Help Your Kids if They're Struggling With School

Asad Qandhari, mental health therapist at CASA Mental Health, joined Global Morning News Edmonton to help viewers know how to support their kids when they’re having learning challenges or just need a little extra help to succeed in the classroom.



Watch the Video

For more Global segments with helpful advice for parents and caregivers, visit our **website**.

Turn Your Investments Into Hope for Kids

When you donate publicly-traded securities to CASA Mental Health, you create life-changing impact for kids – and you benefit too. Your gift eliminates capital gains tax and earns you a 2026 charitable tax receipt. Holiday processing can take longer, so start your transfer early to ensure it’s counted this year.



Learn more

Save the Date for CASA Mental Health's 2027 Gala



Interested in partnering with or attending CASA Gala 2027? Reach out to **Jayleen Remekie**, Senior Philanthropy Officer, Corporate Partnerships, at events@casaservices.org.

CASA Mental Health

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