

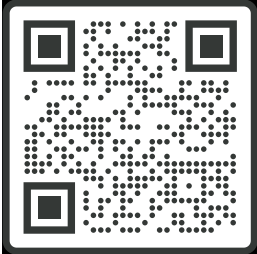
CASA Annual

FOR
FAMILIES

CASA MENTAL HEALTH'S NEWSBREAKING 2025-26!



FALL
2026
\$FREE



Multi-million-dollar
investment into
Alberta youth and
family care
PAGE 3

CASA supporters
celebrated on
National Philanthropy
Day
PAGE 4

SPECIAL FEATURE
CASA's patients
and families by the
numbers



Message from the Board Chair

Katie Hayes
Chair, Board of Directors
CASA Mental Health

As I reflect on the past year at CASA Mental Health, I am filled with gratitude for the dedication, vision and collaboration that continue to strengthen our organization and expand our impact for children, youth and families across Alberta.

This year has been one of thoughtful growth. As CASA continues to expand services to meet the increasing need for mental health care, the Board of Directors has remained focused on ensuring our governance evolves alongside the organization. We strengthened our governance practices, enhanced our oversight

of strategic and enterprise risks, and remained committed to supporting sustainable growth that will enable CASA Mental Health to serve families across Alberta for years to come.

We also welcomed several new members to our board, bringing diverse skills, perspectives and expertise. Their contributions strengthen our decision-making and reflect our commitment to governing with curiosity and accountability. We were also pleased to welcome representation from Calgary, an important milestone as CASA Mental Health continues to expand its presence across the province.

To our CASA team members, clinicians and leadership, thank you for your

unwavering commitment to children, youth and families. To our donors, partners and supporters, thank you for making this work possible. To my fellow board members, thank you for your thoughtful leadership and generous service. Most importantly, thank you to the children, youth and families who place their trust in CASA every day.

The need for children’s mental health services continues to grow, but so does CASA Mental Health’s capacity to make a difference. Together, we are building a stronger organization that is well-positioned to meet the needs of today while preparing for the opportunities and challenges of tomorrow.



Message from the Chief Executive Officer

Bonnie Blakley
Chief Executive Officer
CASA Mental Health

At our Garden of Hope gala in March, I told the story of my daughter Hunter and her teddy bear, Builda. I didn’t realize that when Hunter was younger, she would hold Builda up to her face just to feel some comfort before falling asleep – even after I’d put her to bed and tucked her in. I’m glad that Hunter had a safe home and a comforting teddy bear, but toys aren’t trained to treat mental illness.

CASA Mental Health’s fourth year of our five-year roadmap was

monumental for child and family mental health in the province – thanks to our many donors, supporters and team members. Our clinicians served the highest number of patients and family members ever, our donors made the largest single donation in CASA’s history and we broke ground on two new CASA House facilities in spring. We opened our Trauma program in Calgary, reached nearly 30 CASA Mental Health Classrooms open across the province and completed most of the projects outlined in our operational plan. These – and many other important milestones – marked

a year of significant impact on mental health treatment for kids and families.

I’m proud of the historic year you’ll read about in CASA Mental Health’s annual report, but most importantly to me and any family living with children’s mental illness is that hope is written between every line on every page. With your support, CASA isn’t just finishing projects and building facilities; we’re trained to treat mental illness and together we’re building hope for families across Alberta.

COLOPHON

The 2025-26 CASA Mental Health Annual Report is set in All Round Gothic, Lexend and Forma DJR Micro.

This issue was inspired by the sadly now-shuttered *New York Times for Kids*. During their print run, NYT for Kids showed readers that children were capable of understanding big, serious issues – and that a children’s publication didn’t need to be “dumbed down.” They respected their young readers as intellectual thinkers, making their content playful and colourful without shying away from serious topics or big ideas.

Letters to the editor

“They understood, worked with us, listened and were approachable, timely in communication, treated the family relationship as well as the child and recognized the child does not just live and function in a school environment only.”

- Adolescent Day Program caregiver

“They didn’t baby me; I felt like a real person not a sad child. Like a person with complex feelings that were understood and validated, I hated it here in some cases but I love the staff and I genuinely appreciate how much I was helped, I could name

5 things I hate about this place but I could name 10 ways it helped me.”

- CASA House patient

“I felt the program was really tailored to my child. The structure shifted as my child became more regulated and able to cope with emotional situations. My child has improved so much that they are a different kid. Our family has improved as well. It has been a wonderful program for all of us.”

- CASA Classrooms caregiver

“We finally saw progress once we started coming to CASA and nothing

had worked before that. Not only was our child receiving help, but we were receiving training so we could understand how to help her. Having the level of support that CASA provides changed our situation completely.”

- Trauma program caregiver

“It helped my daughter a lot when it comes to her mental health and she was able to finish her high school with CASA Classrooms and with a big gratitude to her teachers, assistant and psychologist.”

- CASA Classrooms caregiver

CASA Mental Health welcomes Suncor’s multi-million-dollar investment

A new partnership, including a \$5.5 million multi-location investment from Suncor, will strengthen access to youth and family mental health services across Alberta, with a special focus on the CASA House being built in Fort McMurray.

“Every child deserves access to timely mental health care close to home,” says Bonnie Blakley, Chief Executive Officer, CASA Mental Health. “Suncor’s investment – the largest community contribution in CASA’s history – will truly change lives. More youth will be able to access much-needed mental health care services closer to the communities where they live, learn and play.”

Peter Zebedee, Executive Vice President, Oil Sands, Suncor, says the partnership reflects the company’s commitment to building stronger communities. “At Suncor, we believe thriving communities start with strong families – and that includes supporting children’s mental health. Working with CASA

Mental Health, we’re helping ensure families don’t have to travel far to find care and that Alberta’s young people get help when and where they need it most.”

CASA House Fort McMurray will provide intensive treatment for up to 57 live-in youth patients and 24 Adolescent Day Program (ADP) patients each year, while also supporting patients’ family members and caregivers. The facility, which is scheduled to open in 2027, will be located in the south end of the city, between Quarry Ridge Drive and Highway 63.

“CASA treats child and youth mental illness in ‘the missing middle’ of the mental health care system,” adds Blakley. “That means we provide more intensive treatment and services than are available in home or primary care, but not hospital or emergency services – which are often not the best or most appropriate places for these families. We’re going to where the kids are and expanding our circle of care across the province, including Fort McMurray, so families don’t need to travel as far as Edmonton for services they need.”

CASA’s programs combine medical and therapeutic treatment from interprofessional teams

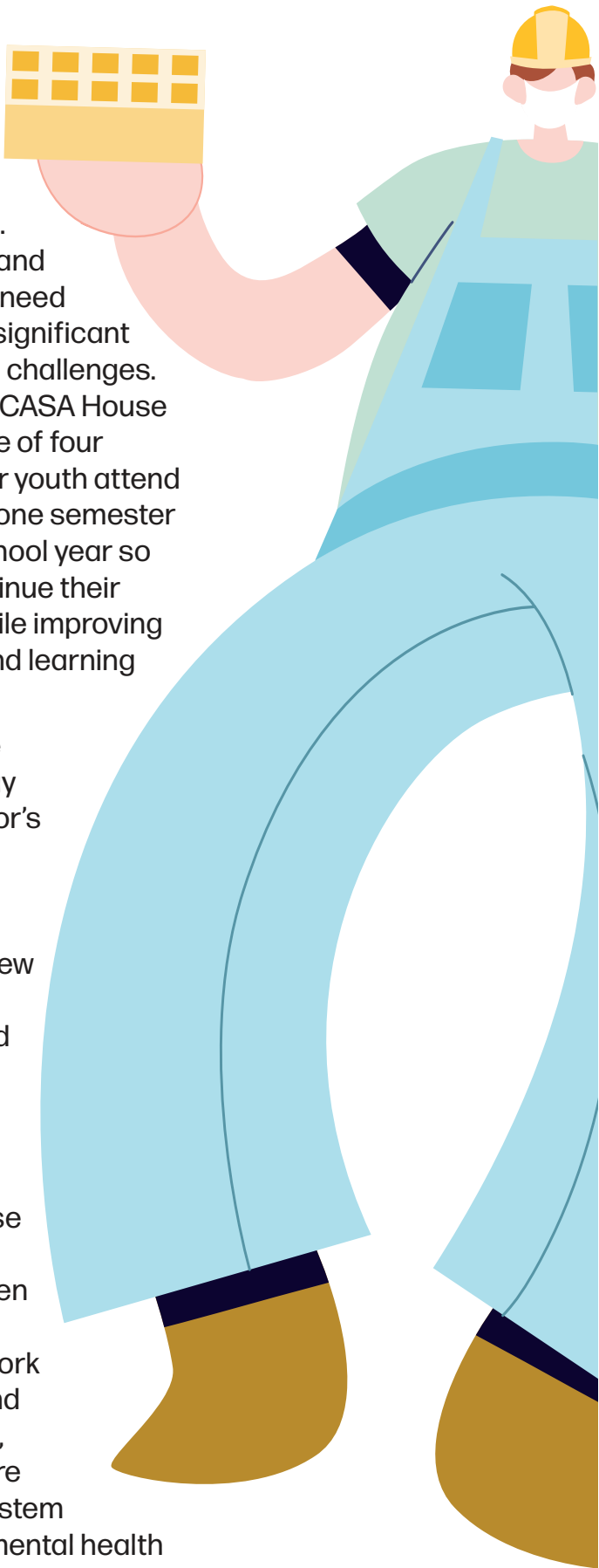
of trauma-informed professionals. CASA House and ADP patients need support with significant mental health challenges. Teens stay at CASA House for an average of four months. Other youth attend ADP daily for one semester during the school year so they can continue their education while improving their social and learning skills.

Alongside the Fort McMurray project, Suncor’s investment includes \$500,000 to support the new CASA House in Calgary and an additional \$25,000 partnership in Edmonton. Together, these contributions help strengthen CASA Mental Health’s network of facilities and programming, building a more connected system of children’s mental health care across Alberta.

“We’re truly grateful to partner with Suncor and bring to life our shared vision of communities where every young person has the opportunity to learn, grow and thrive,” adds Nadine Samycia, CASA’s

For more information about how CASA is expanding its circle of care across the province, visit casamentalhealth.org.

Peter Zebedee, Executive Vice President, Oil Sands, Suncor hands Bonnie Blakley, Chief Executive Officer, CASA Mental Health, a potted seedling as a symbol of their new partnership and CASA House setting down roots in the community.



4 News

CASA Mental Health recognized its generous donors on National Philanthropy Day — a global celebration of giving and philanthropy — at an awards reception and celebration in November 2025. This annual event is hosted by the Association of Fundraising Professionals Edmonton and Area Chapter, and provides a forum for sharing stories about individuals, companies, groups and volunteers who are making a difference through their philanthropic efforts.

This year, CASA Mental Health nominated McNally High School, Rick and Stephanie Taylor, RBC Foundation and Emily Cave for awards.

Youth: McNally High School

McNally High School's Bikeathon was a 14-hour, student-led fundraising event supporting CASA Mental Health. On April 11, 2025, students cycled from 9 a.m. to 11 p.m., raising awareness and funds for free child and youth mental health services across Alberta. The event engaged the entire school community, highlighting student leadership, teamwork and compassion. McNally's initiative demonstrated how student-driven philanthropy can make a difference.

"This wasn't just a day of cycling; it was a celebration of community, compassion and coming together to make a difference. We pedalled with purpose and support for CASA Mental Health in their mission to create brighter futures for those in need."

~ McNally High School

Community Enrichment: Rick and Stephanie Taylor

Rick and Stephanie Taylor have turned loss into a legacy through Emily's Memorial Horse Show, a fundraiser held in memory of their daughter, Emily. Hosted annually for 10 years, the event increased awareness, raised funds and brought the equestrian community

Celebrating CASA's supporters on National Philanthropy Day

together to celebrate Emily's life and support CASA Mental Health. Rick and Stephanie's decade-long effort, which also included events like Emily's Memorial Motorcycle Ride, embodies the spirit of National Philanthropy Day.

"We decided that we needed to pick ourselves up off our knees and honour her memory by helping other adolescents who struggle with mental unwellness."

~ The Taylors

Community Enrichment: RBC Foundation

The RBC Foundation has walked beside CASA Mental Health for over a decade. Through its generous support, the RBC Foundation has helped CASA's programs thrive. It has contributed to programs supporting Indigenous youth through learning and connection, as well as the FamilySmart Family Peer Support Program, where parents and caregivers find guidance and a listening ear from someone who understands because they've been there. With the generosity of the RBC Foundation, more futures are filled with possibility, and fewer families feel alone.

"Today's societal challenges have the potential to undermine the ability of our clients, employees, shareholders and communities where we operate to thrive and prosper. We want to do our part to help address these challenges and aim to engage others to contribute to addressing them."

~ RBC Foundation

Community Enrichment: Emily Cave

Emily Cave exemplifies the heart of philanthropy through her commitment to youth mental health. In memory of her late husband, Edmonton Oilers forward Colby Cave, Emily has contributed to CASA Mental Health, enriching the lives of youth with therapeutic programs, school supplies and holiday gifts. Her support of CASA House has enabled recreation, art and music therapies that bring joy and healing to patients. Beyond donations, Emily inspires compassion and community by sharing Colby's legacy of kindness and resilience. Her actions reflect empathy and a desire to uplift others.

"Be somebody that makes everybody feel like a somebody."

~ Colby and Emily's motto

Congratulations to our award recipients!



Student leaders of McNally High School's Bikeathon



Rick and Stephanie Taylor



RBC Foundation members, pictured with Candace Fehr and Terri Stiksma



(L to R) Nadine Samycia, Emily Cave, artist Rahmaan Hameed, Gary Gill and Myrna Khan.

CASA House is hope

Driving away after dropping your child off at an intensive live-in mental health program is hard.

That's how Jill Oliver describes feeling after admitting her youth, Faer, to CASA House in 2022.

For Jill's family, the journey to get the right treatment has been long and challenging, surpassing 10 years. "When Faer was in Grade 2, things came to a head," says Jill. "The outbursts were dominating the home."

The following year, Faer was referred to CASA Mental Health and assigned a therapist who helped with emotional regulation. As time went on, it became clear that individual therapy wasn't enough. Jill and her husband sought out private assessments for a diagnosis, pursued referral after referral and attempted to find a private psychiatrist, paying out of pocket in the hopes of finding the right care for Faer.

"In Grade 6, we got a phone call from the school principal. Faer had confided in one of the students that they wanted to die," Jill says. "The first significant suicide attempt was just after they turned 11, which is a heartbreaking thing ... The feeling, when you're in it ... you're exhausted, scared, frantic, desperate," she explains.

"I thought, 'We need to go back to CASA,'" says Jill. After intake, Faer received regular treatment from CASA psychiatrists and therapists. And then, some good news: a psychiatrist gave Faer a more significant diagnosis and put them on the waitlist for CASA House.

"We had quite a few trips to the Stollery when things got really bad, some more ambulance rides, but between the changing of medications and therapy, it got us through," says Jill. And CASA House represented hope.

The call about CASA House came one year after Faer's psychiatrist made the referral, and Faer started the program at age 13.

At CASA House, up to 19 youth form a cohort. They receive individual, family and group therapy, while staying at the Sherwood Park facility for an average of four months. Teens receive medical care from psychiatrists who

can prescribe, monitor and adjust medication, and therapeutic care from mental health therapists, all while attending school on site. Parents and caregivers must attend Wednesday evening sessions, and can take their teen home from Friday afternoon to Sunday evening.

Despite her worry when she drove away that day after dropping Faer off, on reflecting about the experience now, Jill says CASA House was like winning the lottery.

"It's a specialized, intensive environment," she says. Being among the other patients and families, teens realize they aren't alone in what they're experiencing. She describes the teachers as exceptional, and credits them with helping Faer build confidence. Parents and caregivers are encouraged to look after their own mental health, including Faer's dad, who began seeing a mental health therapist through CASA's Family Therapy program.

"The program is hard for the kids and the parents," she admits, "but it's so worth it."

Today, Faer is 17 and still seeing their CASA psychiatrist. Jill's youngest child is also a CASA patient. The family donates monthly to CASA and both Jill and Faer serve on CASA's Youth and Family Advisory Council with other youth and family members who have lived experience accessing CASA's services. They lend their voices to CASA staff and leadership on policies, projects and initiatives. They also consulted on the four new CASA House facilities that CASA is building across the province by 2029, to meet youth and families closer to where they live, work and play with life-changing mental health services.

For families like Jill's, CASA is a lifeline.

News 5

CASA Mental Health is the only non-profit of its kind in Alberta, providing treatment to the missing middle - treatment that is more intensive than what's available in home or primary care, but not hospital or emergency services - which isn't always the best place for a young person or family.



6 Culture

Society Pages

CASA supporters gather at the Garden of Hope Gala



Five minutes with...

Volunteer Victoria Furman always brings her 'A-game'

Victoria Furman is a champion among CASA Mental Health's network of volunteers.

She has been a volunteer with CASA for more than two years, starting her journey in February 2024. Victoria can be found volunteering at almost every CASA signature and community engagement event, including the CASA Golf Classic Edmonton, CASA Gala and McNally High School bikeathon.

Through these events Victoria has worked closely with Candace Fehr, Philanthropy Officer, Community Fundraising, who says Victoria will always bring her "A-game."

"She is eager to help in any manner asked of her. She is always smiling and puts forth maximum effort in everything she does. In short, Victoria is a CASA champion, through and through! Victoria is an incredible person with a huge community heart," says Candace.

Victoria has volunteered for numerous other opportunities, including selling 50/50 raffle tickets at Edmonton Oilers games where CASA Mental Health has been a beneficiary, assisting with assembly and inventory of first aid and medical kits, Children's Day Program Halloween activities and toy and therapeutic device inventory and management.

What motivated you to get involved as a CASA volunteer?

I took psychology in university and fell in love with it, and I wanted to help people and find a career. Learning about CASA, I thought it would be a great place to volunteer. I like the variety of opportunities CASA has to offer.

What has been your favourite part of volunteering with CASA?

I think for me, it's more of the moments. Like at an Edmonton Elks game, people came up and said how they were impacted by CASA and how it made their lives a lot better. I thought that was very touching to know that it's affected people.

I also love meeting new people and volunteering has helped me go to events I wouldn't go to or have heard of if it weren't for CASA. It's lots of fun to do and try different things.

Victoria Furman (L) with CASA CEO Bonnie Blakley

With so many great organizations to support, why should others choose to support CASA?

There are many different opportunities, and you choose when you go. I've volunteered before where I had to commit to a kind of schedule to make it work. But at CASA, you can browse and find what you want to do that works for you.

And again, those moments where people come up to say, "CASA changed my life," then you know there's a difference being made from this organization.

How do you take care of your mental health?

I like to go for walks and listen to music. Doing puzzles is always fun and I like to stay close with my family and volunteering helps.

For more information on becoming a volunteer like Victoria, visit casamentalhealth.org/volunteer

Culture 7



8 Culture

Thank you, donors!

April 1, 2025 to March 31, 2026

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\$249,000.00
(A to Z)**

Adele and Larry Thomson
Canadian Natural (CNRL)
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**\$100,000.00
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iA Financial Group
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(A to Z)**

Andrew Ross
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GSC Community
Impact Fund
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Foundation
JDK Group
John Wilson
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Western Securities Ltd.
Starlight Casino
TELUS Community Boards
Volvo Edmonton
West Edmonton Hyundai
Westrich Pacific Corp.
WSP Canada Inc.

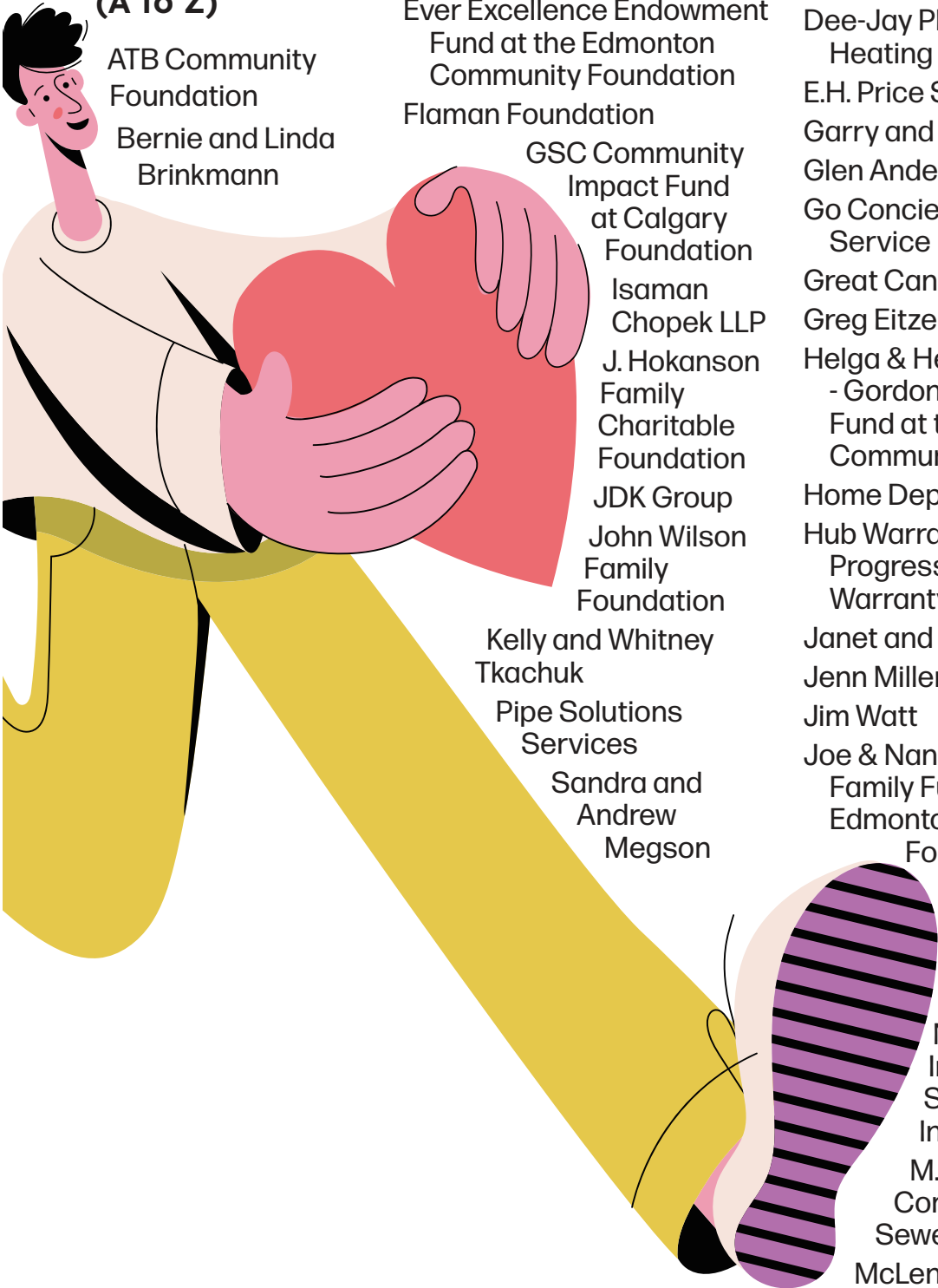
**\$5,000.00 to
\$9,999.00
(A to Z)**

Andrea Yu Professional
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ATCO Epic
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(A to Z)

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Charity Glow Golf
Christine Kennerd
Christopher
Lidster
Dan Stewart
Darin
Rayburn
Denise
Prokopiuk
Dennis Zubot
Deol Auto

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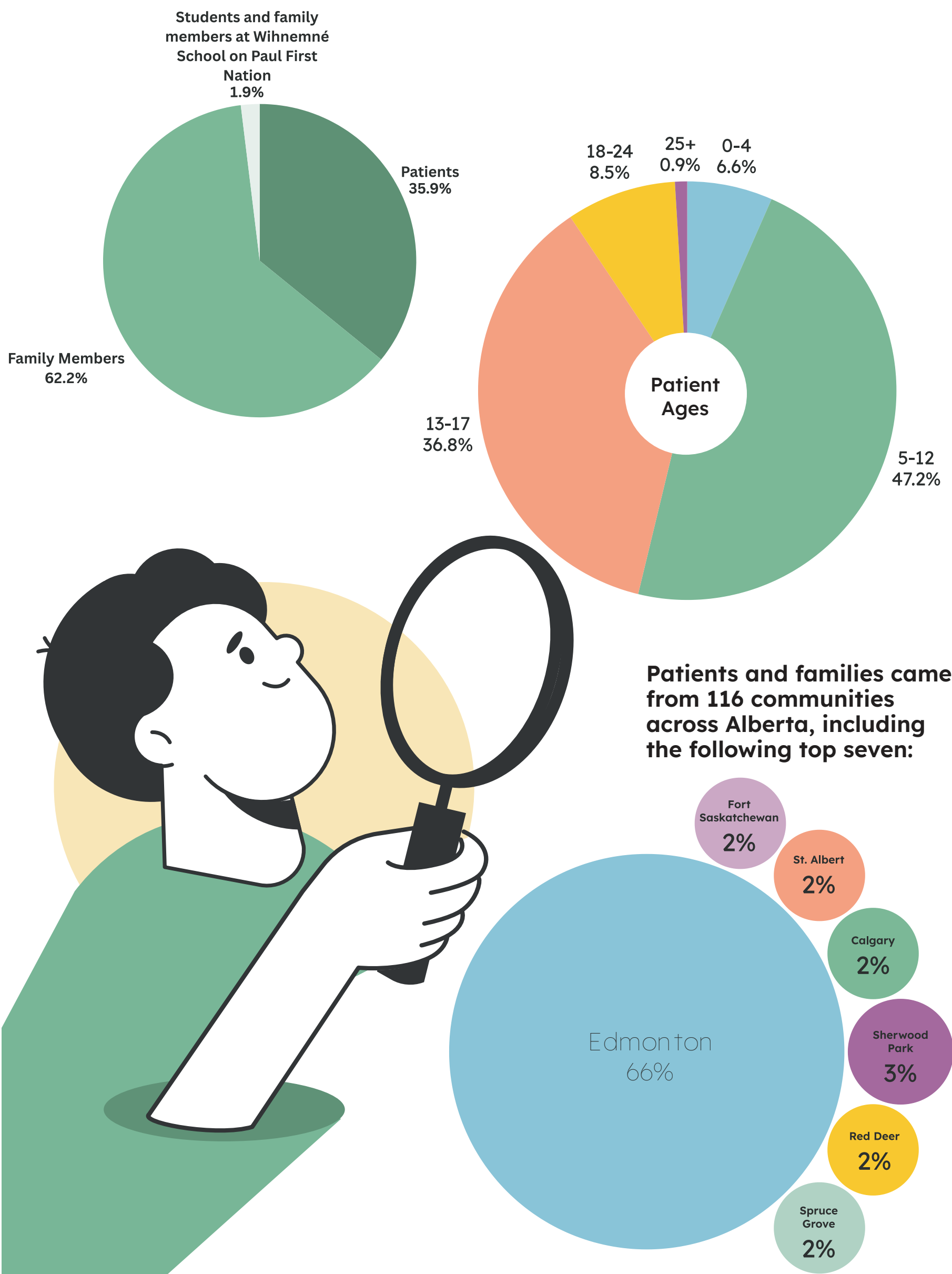
Mayfield Dinner Theatre
Megan Picard
Michael Turner
Mike and Teresa Homeniuk
Mike Saunders
Minerva Endowment Fund at
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Terry Brooker
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THE SAMIES IOOB
Tigerpaw Safety Systems
Inc.
Tom and Heather
Achtymichuk
Tracy Evans
Trevor Chopek
Vu Nguyen
Warren Stein
Watson Family Fund at the
Edmonton Community
Foundation



CASA Mental Health’s patients and families – by the numbers

CASA Mental Health served 11,909 patients and family members in 2025-26:



They talked, we listened

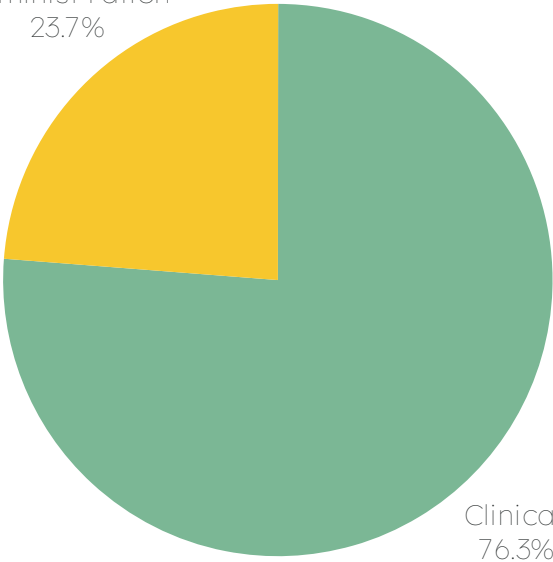
CASA’s youth and caregiver survey results



12 Work

CASA employees work on purpose, with purpose

Business and
Administration
23.7%



506 employees as of March 31, 2026

- 160 new staff in 2025-26
 - 122 clinical staff (including 35 mental health therapists)
 - 38 business and administration staff, including non-clinical departments such as Philanthropy, Communications, Program Management Office and Business Intelligence and Evaluation

CASA launched our first-ever CASA Cheers staff appreciation event in Calgary in 2025-26 to recognize staff in a new service area.

Employee engagement and training activities in 2025-26 included winter lunches and **three learning days** – including department-led training, Before Operational Stress training and Inclusion, Diversity, Equity and Accessibility Day.

For the first time in CASA Mental Health’s history, **we have exceeded 500 employees** and are now considered a large organization.

Regrettable employee turnover for the year was 11.9 per cent, resulting in a **retention rate of 88.1 per cent.**

Fifty-one new employees started with the organization outside of the Edmonton area in 2025-26, representing 31.9 per cent of all new hires.

The new employee satisfaction rating for our orientation week, known as CASA 101, was **97.6 per cent.**

Volunteer Resources in Action

Support from 506 CASA volunteers made the following possible in 2025-26!

4,563 hours of service (an increase from 4,244 last year).

111 volunteer opportunities (an increase from 94 last year).

200 barriers to care reduced (an increase from 59 last year), including childminding to enable caregivers to attend appointments.

93% shift fill success rate (an increase from 91 per cent last year, resulting in 657 shift engagements with volunteers.)

Among those accomplishments and contributions, **444 volunteers contributed over 1,262 hours towards 49 clinical opportunities to provide essential childminding and program assistance.** Access

to childminding is crucial in reducing barriers for caregivers, patients and their siblings, and helps families access CASA’s support groups and individual therapy sessions.

This year alone, Volunteer Resources exceeded its goal to reduce barriers to care, achieving 155 per cent beyond the target. This shows the incredible need for childminding services so patients and families can fully participate in treatment. It also demonstrates how CASA’s volunteers can be allocated in very meaningful ways.

Fifty-one CASA volunteers stepped up to support Philanthropy initiatives and volunteered over 181.5 hours to represent CASA at 11 community engagement events. CASA’s Volunteer Resources team and over 187 volunteers attended 11 CASA signature or internal events and contributed 911 hours.

To learn more or to volunteer, visit casamentalhealth.org/volunteer.

We want YOU on our team!

CASA Mental Health is always looking for enthusiastic community members to join our volunteer team or YFAC.



Learn about volunteer opportunities here.

**Member
Profile:
Faer, Youth
and Family
Advisory
Council
Member**

“If you had told me when I first joined CASA at the age of six that, in just over 10 years, I’d be advising decision makers for the organization, I wouldn’t have been able to process the statement. My time at CASA, while incredibly turbulent, has led me to an inspiring place. I joined the Youth and Family Advisory Council in September of 2024 after my mother (who was already a member) recommended me. Being a part of YFAC is both fulfilling in the sense of my own journey and in the context of helping improve CASA for others. CASA was there for me through some pretty rough times, but that’s not to say the organization is perfect. Being a member of YFAC allows me to speak up about where we can improve and what needs to be changed. Through YFAC, I’ve sat in on decisions regarding new ventures, provided input on designing new CASA House facilities and contributed to the UNSEEN Zine. The YFAC council has given me immense opportunities to have my voice heard and to represent those who can’t. I couldn’t be more thankful for my time as a council member and all those who respect YFAC’s unique insight.”

Visit casamentalhealth.org/voices to learn more.



You can find advisory council members Jill and Faer telling their story in this annual report’s CASA

House is Hope story and on YouTube. You can also read more at casamentalhealth.org/voices.

Work 13

Youth and Family Advisory Council advises, contributes workshops and proposals throughout the year



YFAC members pose for a team photo after their September meeting.

CASA Mental Health’s Youth and Family Advisory Council (YFAC) is a group of youth, parents and family members with lived experience in accessing mental illness treatment. They advise CASA on creating an organization that puts those we serve at the centre of our decisions and services. The council members are CASA’s valued voices of mental health experiences and treatment in Alberta.

One of the council’s key contributions is advising CASA on its programs and plans.YFAC provided input on nine advisory items in 2025-26, and nine members attended CASA’s strategic planning session known as ‘Catchball.’ During Catchball, the council’s sibling support working group presented a proposal for a care pathway for the siblings of CASA Mental Health patients, with clinical leaders agreeing to consider how to incorporate this pathway in future program planning.

In addition, three youth YFAC members visited CASA House twice throughout the year to hold workshops for patients

to create art and poetry for the UNSEEN Zine!
Their outstanding contributions resulted in approximately 600 volunteer hours in the past year, from advisory work, council and working group meetings, transportation and storytelling preparation. Thank you, YFAC!

Telling real family mental health stories to create change

YFAC members also share their lived experiences to advocate for improved access and mental health treatment. Several members shared their personal stories at senior leadership meetings, board meetings and during donor engagement events throughout the year. Council members are honoured to use their voices and lived experiences to shape the future of CASA, and CASA is honoured to hear them.

14 Work

CASA’s wide range of programs are evidence-based, trauma-informed and incorporate the family and community into treatment. Programs are always free of charge to families.

Core (ages three to 17)

Core is CASA’s general mental health program, and provides short-term, goal-directed therapy. Core is for kids and youth age three to 17 who are experiencing a wide range of mental health concerns, including emotional, behaviour or relationship challenges. From Core, the therapist may step families up or down into more appropriate levels of service if needed.

Live-In and Day Programs

Also referred to as “step-up” services, these programs treat chronic or severe mental health challenges by providing treatment in a controlled school environment. Patients may be struggling to participate in or attend school.

Adolescent Day Program (Grades 8 to 12)

Aims to improve the social and learning skills of youth with serious mental health and/or addictions challenges. Youth attend the program daily during the school year.

Children’s Day Program (Grades 3 to 6)

Aims to improve the social and learning skills of children with serious mental health challenges. Children attend the program daily during the school year.

Preschool Day Program (Ages four and five)

Provides specialized early childhood mental health care in a small classroom setting. Children attend the program two full days a week during the school year.

CASA House (Grades 7 to 12): A live-in program for teens who need support with significant mental health and/or addiction challenges. Teens stay at CASA House for an average of four months.

CASA Mental Health Programs

CASA Classrooms (Grades 4 to 12):

CASA’s model for school-based mental health service. CASA Classrooms bring mental health care to where students live and learn: schools. Up to 60 CASA Classrooms will be operational in schools across the province in the coming years.

Specialty Programs

These programs focus on specific areas such as family dynamics, parenting, trauma and attachment, and Indigenous ways of treatment. Some of these programs offer education and consultation for other treatment providers.

Fetal Alcohol Spectrum Disorder Program (Ages three to 12):

Provides information and education to families with children with a possible or confirmed diagnosis of prenatal alcohol or drug exposure, or fetal alcohol spectrum disorder.

Family Therapy Program:

Family Therapy helps families understand each other’s needs, improve parent-child relationships and find better ways to work together.

Indigenous Mental Health Services:

Provides various streams of service to support the mental health of Indigenous children, youth and families. All services are based in Indigenous cultures, worldviews and spiritualities.

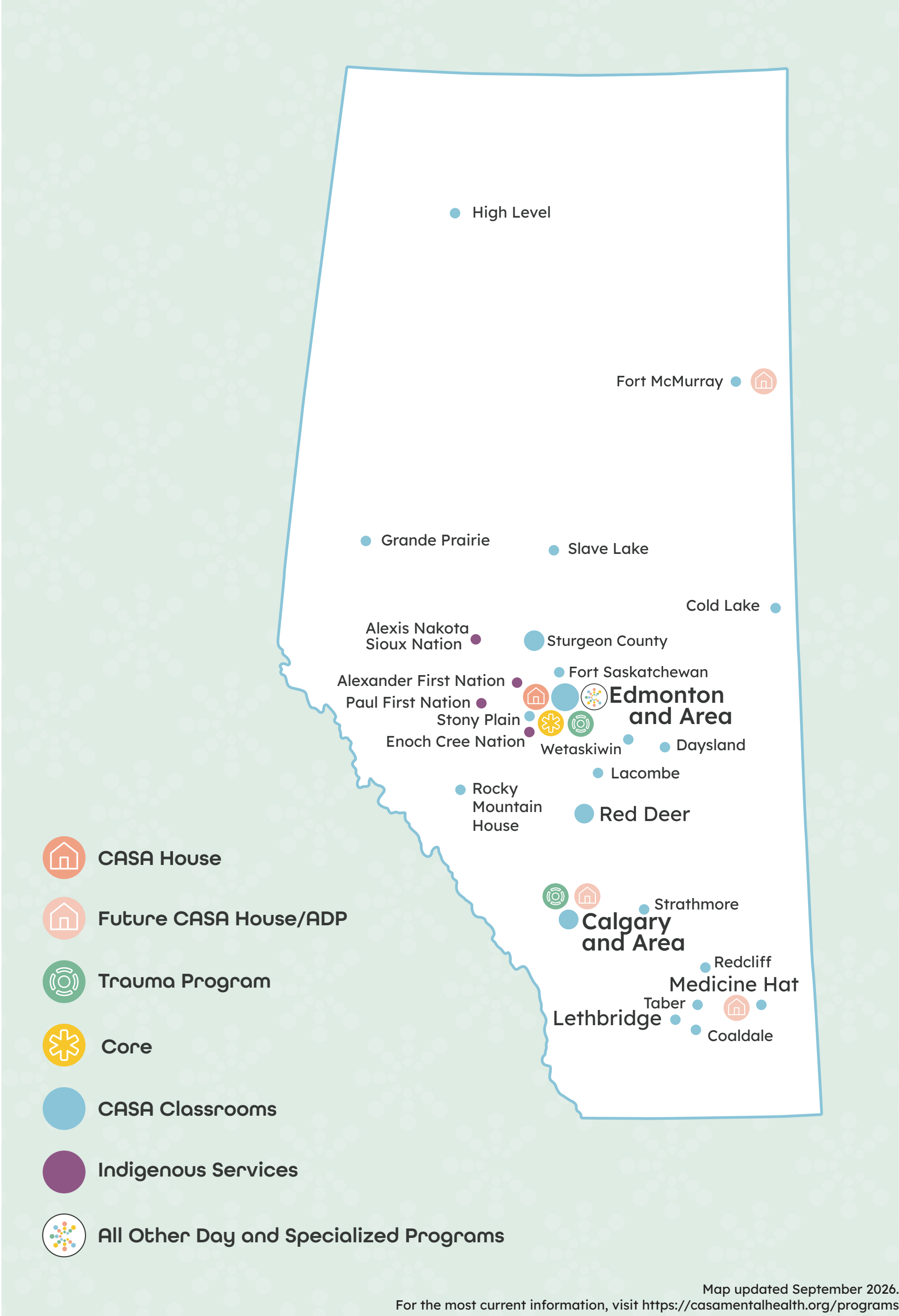
Trauma Program (ages five to 18):

Treats symptoms of attachment trauma by strengthening connection and safety between the child or teen and their caregiver.

For more detailed information about each program, visit casamentalhealth.org/programs.

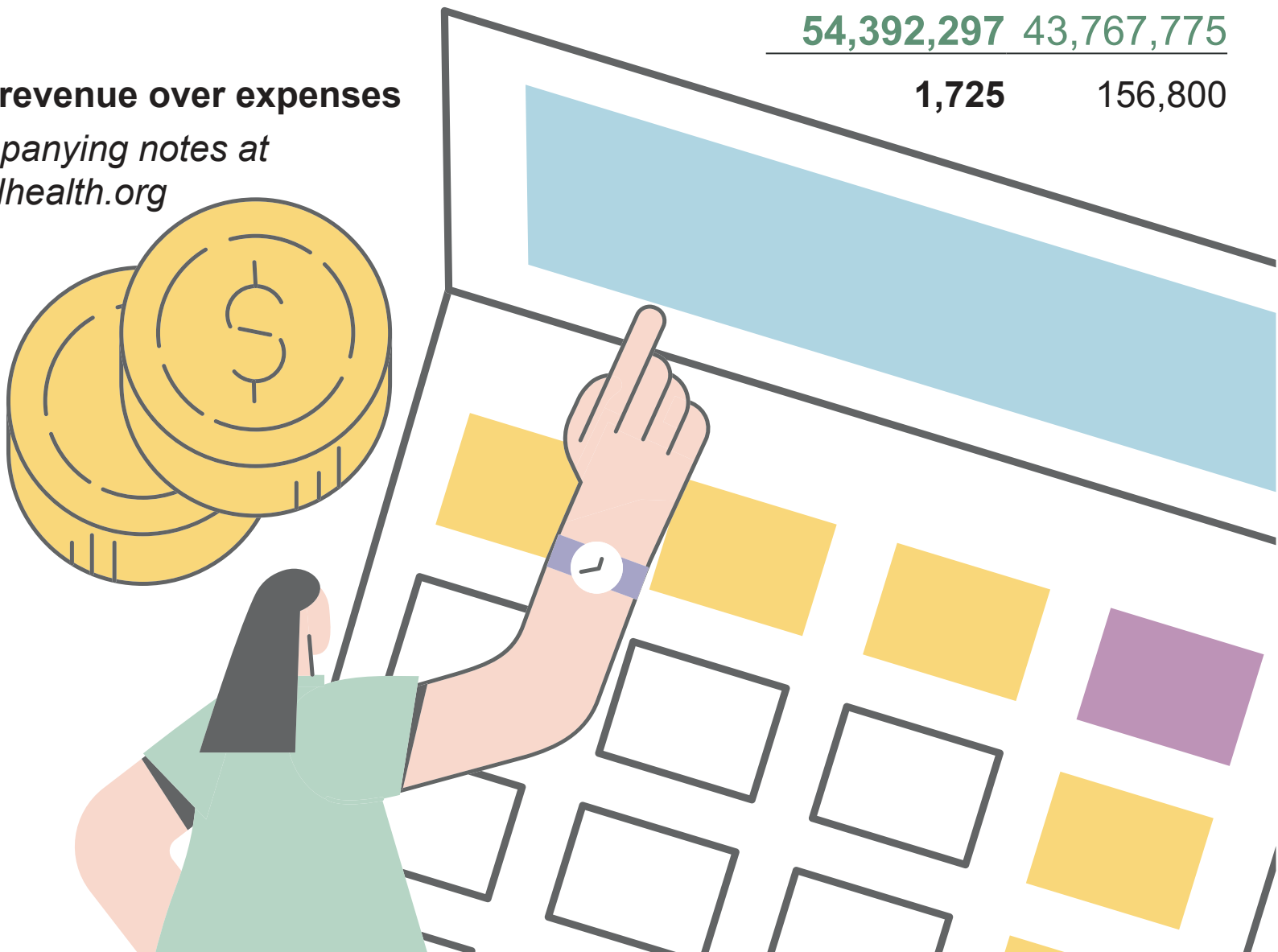
Program/Service	Number of Unique Patients Served	Number of Unique Family Members Served	Total Served
Core	2,296	3,363	5,659
Triage, Navigation and Transition	1,058	1,370	2,428
CASA Classrooms	829	1,117	1,946
Psychiatry and Medical Clinics	1,198	804	2,002
Family Therapy	395	580	975
Trauma Program	389	472	861
Psychological Assessment and Consultation	379	254	633
CASA House	152	247	399
Rehabilitation Services	179	155	334
Integrated Concurrent Care	211	89	300
Children’s Day Program	112	149	261
Preschool Day Program	53	126	179
Adolescent Day Program	86	78	164
Adult Mental Health	111	10	121
Indigenous Mental Health Services	57	39	96
Fetal Alcohol Spectrum Disorder Program	16	10	26

Note: the sum of numbers across programs/services does not equate to the overall number of patients and family members served, as some patients could be admitted to more than one program during the year or not be reflected in the electronic medical record.

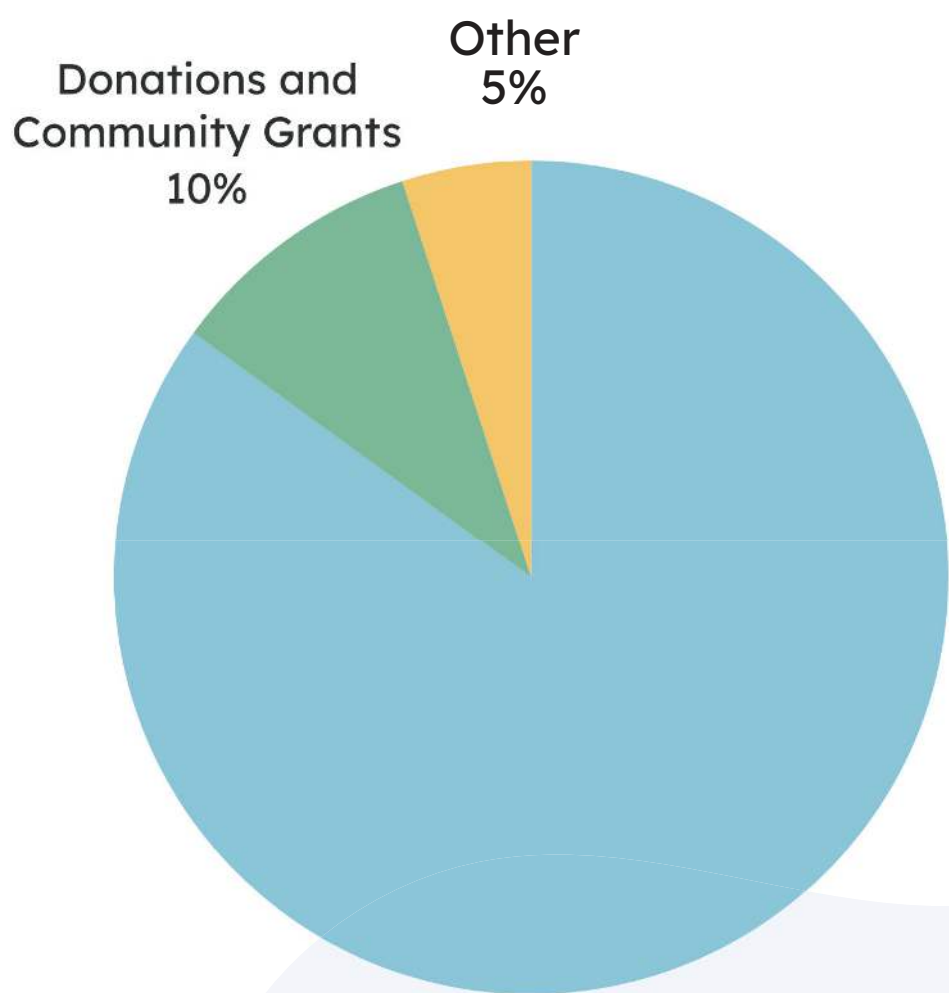


Statement of operations
Year ended March 31

	2026	2025
	\$	\$
Revenue		
Alberta Health Services grants	6,617,511	6,362,991
Alberta government grants	39,470,734	31,583,458
Contributed facilities	1,478,333	1,355,792
Other foundations and community support	22,403	157,891
Amortization of deferred capital contributions	196,516	161,545
Investment income, net	1,275,361	2,191,145
Donations	5,333,164	2,111,753
	54,394,022	43,924,575
Expenses		
Salaries and employee benefits	42,945,259	33,571,807
General and administrative	4,569,957	4,142,306
Facility leases	2,231,095	2,025,288
Client related costs	1,491,336	1,258,502
Professional fees	1,269,446	1,125,300
Facility operations	727,865	630,640
Amortization of capital assets	707,339	563,932
Research expenses	450,000	450,000
	54,392,297	43,767,775
Excess of revenue over expenses	1,725	156,800
<i>See accompanying notes at casamentalhealth.org</i>		



How is CASA Mental Health funded?



CASA Mental Health is funded by a combination of donations and community grants, Government of Alberta grants and other third-party organizations.

We are a financially stable organization with a goal of more diverse funding sources, which means that we want to grow our honour roll of generous donors and supporters! To become a donor or learn more about supporting CASA Mental Health's vision and mission, please give help at casamentalhealth.org.



18 Classifieds

Community Notices

Readers Wanted!

Did you know that we publish news and resources for our community on our website and social media?

Subscribe to our Circle of Care newsletter to stay up-to-date on CASA programs and services, learn about our donors and opportunities to get involved, and other valuable community information.

Join our mailing list:
casamentalhealth.org/newsletter

Hold Your Own Community Fundraiser

You want to help. We make it easy.

Make a difference for child, youth and family mental health in Alberta by hosting a community fundraiser and donating the proceeds to CASA Mental Health.

Fundraising for CASA is easy. Find everything you need on our website and get personalized guidance and professional advice from CASA team members.

Learn more:
casamentalhealth.org/get-involved/how-to-fundraise-for-casa

Help Wanted

Storytellers - we want you!

If you or someone you love has received services at CASA Mental Health, we invite you to share your lived experience. Please email us at info@casaservices.org and let us know how we can get in touch with you.

WORK WITH US

CASA Mental Health offers a career on purpose, with purpose. Our staff feel a personal connection to our mission, vision and values that inspires them to join our team.

If you are passionate about making an impact in your community, join CASA as we transform mental health care for children, youth and families in Alberta.

casamentalhealth.org/careers

Volunteer Opportunities

We are actively recruiting volunteers in Calgary and Fort McMurray, and encourage volunteer applicants from all areas of Alberta.

Visit **casamentalhealth.org/volunteer** for information about CASA's volunteer program and apply today!

Events

A Night in Tuscany

On Friday, April 16, 2027, experience an unforgettable evening to support CASA kids, inspired by the warmth, beauty, hospitality and timeless charm of the Italian countryside.

Learn more about the CASA Gala at casamentalhealth.org/events.

Announcements

With gratitude and appreciation, we invite you to join us as we honor and celebrate Dr. Bremness for his many years of dedicated service, unwavering commitment, and compassionate care. His work at CASA has made a lasting difference in the

lives of countless children, youth, families and colleagues throughout his career.

Please join us on October 8, 2026 as we celebrate and send him into this next chapter with our sincere gratitude, best wishes and heartfelt appreciation.

The farewell will start at 4 p.m. and will be followed by a philanthropy event, with special recognition for Dr. Bremness from the Philanthropy team, starting at 6 p.m. All are welcome and encouraged to join/stay for this portion of the evening!

Snack and drinks will be provided throughout the evening.

TV Listings

March 2026: How families play a critical role in children's mental health treatment.

February 2026: Gearing up for the CASA Gala.

January 2026: How parents can respond to kids' defiance.

December 2025: CASA Mental Health shares tips on demonstrating healthy ways to manage stress.

November 2025: How CASA Mental Health is meeting TRC Calls to Action.

October 2025: CASA Mental Health offers advice on protecting kids' mental health.

September 2025: CASA Mental Health supporting kids going back to school.

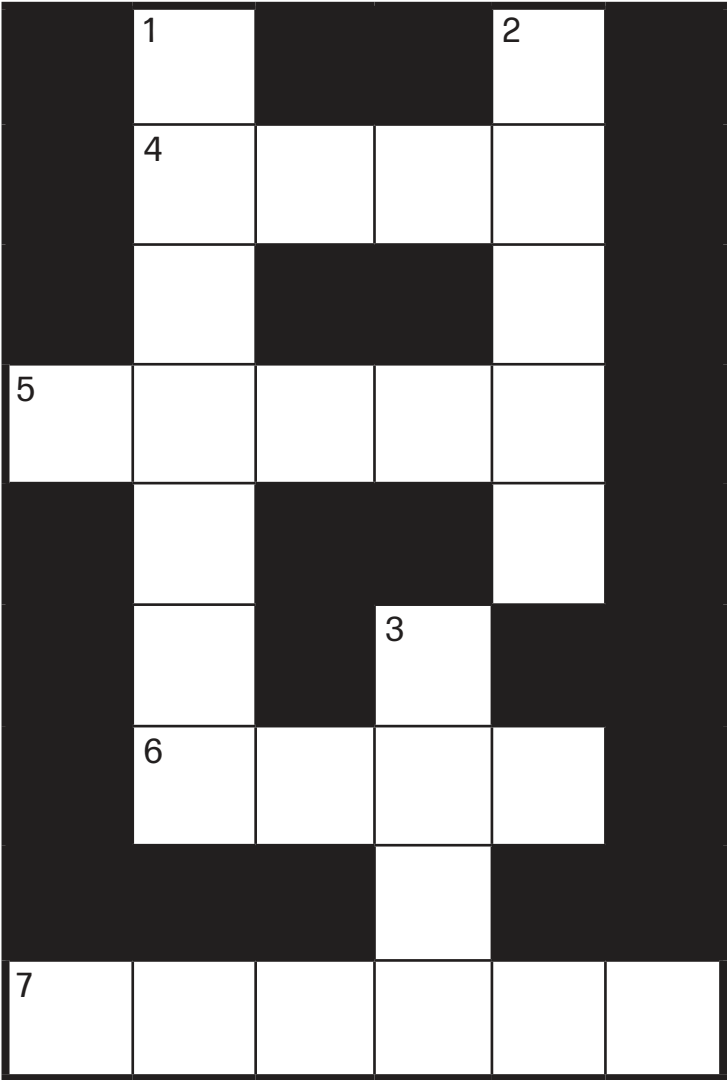
July 2025: Taking an age-appropriate approach to talking about world events.

June 2025: Talking to teens about difficult topics.

May 2025: CASA's volunteer program.

April 2025: CASA Mental Health supporting families.

Global TV Edmonton episodes streaming online:
casamentalhealth.org/media-resources



DOWN

- 1 High school that raised money in a bike-a-thon
- 2 91% of people in this survey question felt that the people who saw the patient or caregiver were working together to help them
- 3 _____ Mental Health

ACROSS

- 4 CASA’s general mental health program that serves kids age three to 17
- 5 First name of CASA’s board chair
- 6 Acronym of CASA’s council of advisors with lived experience
- 7 First word of program that served 2,428 people in 2025-26

OUR VISION

A community where all children, youth and their families are provided with timely mental health care and empowered to thrive.

OUR MISSION

To build resilience through holistic, evidence-informed and compassionate care, and to advocate for children, youth and families with mental illness.

OUR VALUES

- Community:** We believe each person’s community is unique, and is needed to support the mental health and well-being of those we serve.
- Child-centred and family-inclusive care:** As partners in care, we build services around the specific needs of each child and family.
- Collaboration:** We work together to better serve children, youth and families.
- Equity, diversity and inclusion:** We create a culturally safe environment that acknowledges and respects the lived experience of every person and community.
- Outcomes-based accountability:** We commit to and deliver effective outcomes as both a care provider and employer.



Toys aren't trained for this.

CASA Mental Health
supports kids with mental
illness in a way their toys
can't.



Get Help or Give Help.
casamentalhealth.org