

QUICK FACTS

CASA Mental Health

CASA House Calgary

Updated: May 2026



CASA Mental Health will begin taking referrals for CASA House and the Adolescent Day Program (ADP) in late 2027. The first patients are anticipated at CASA House in January 2028, and in the ADP in February 2028.

CASA House Calgary will serve up to 81 patients per year in both live-in and day programs, with about 40 staff members.

The 3,240-square-metre (34,875 square foot) facility will be located in northeast Calgary on a 1.54-hectare (3.81-acre) site in The District in Stoney industrial business park.

The future CASA House Calgary is located at the southwest corner of 11 Street and 110 Avenue NE, accessible from Deerfoot Trail NE and Country Hills Boulevard NE. Clark Builders was awarded the contract to lead CASA's capital expansion project.



QUICK FACTS

CASA Mental Health

CASA Mental Health is an accredited, non-profit organization that provides mental health care for kids and youth under age 18, bridging the critical gap between community-based services and hospital care – which isn't always the best place for a young person. Mental illnesses commonly treated at CASA include depression, anxiety, attention deficit hyperactivity disorder (ADHD) and bipolar disorder.

CASA Mental Health teams have been meeting with Calgary agencies and partners over the last two years to collaborate on CASA's role in the local mental health community. CASA's unique programs and services complement other available services by specializing in youth and family mental health as part of Calgary's system of care.

CASA opened its Trauma program in 2025 and has CASA Mental Health Classrooms programs in Calgary, in collaboration with the Calgary Board of Education and the Calgary Catholic School District.

The Government of Alberta has generously committed partial funding to build and operate CASA House Calgary and in other Alberta cities. CASA Mental Health is seeking donor and community support to fundraise the remaining amount.

The need has never been greater.

Calgary
CASA House:
Local goal:
\$18.75 Million

Today, close to 62,000 children and youth in Calgary could be living with mental illness.

Statistics tell us that about 80 per cent – or nearly 50,000 of those kids – may never be able to access the therapeutic mental health care they need.

In Calgary, kids may be dealing with:

- Lasting stress and isolation from the COVID-19 pandemic. A 2023 StatsCan Canadian Health Survey on Children and Youth showed more than twice as many teens rated their mental health as fair or poor in 2023 than they had in 2019.
- Stress from economic cycles tied to industry.
- Increased social media exposure and gaming and online addictions.

Based on estimates, close to 62,000 children and youth in Calgary today may be living with a mental illness.



QUICK FACTS

CASA Mental Health

That's one in five kids under the age of 19, based on the Statistics Canada census profile, 2021 census of population, Calgary.

- About 20 per cent of Canadian youth are affected by a mental illness or disorder.
- Youth ages 12 to 24 are among the most underserved population when it comes to mental health and addictions in Alberta.

CASA Mental Health improves access to timely mental health care.

- **Always** free of charge for patients and families.
- Team-based approach, with mental health therapists, psychiatrists, psychologists, nurses, social workers, therapy support navigators, occupational therapists or other professionals.

For more information or to schedule an interview, please contact:

Darby Semeniuk, Director, Corporate and Community Relations
CASA Mental Health
780-619-5332 (cell) | info@casaservices.org.

About CASA Mental Health

CASA Mental Health is a non-profit, accredited provider that combines medical and therapeutic treatment of mental illness for Alberta children and youth under age 18 and their families. Our services are **always free of charge for families**.

Visit casamentalhealth.org to learn more about CASA Mental Health and how we're expanding mental health care services across Alberta.

- 30 -

