



INSIDE:

Report Card!
We're sharing our
latest grades!

**NEW FACILITIES SET TO OPEN IN 2027 AND 2029
PROVINCIAL EXPANSION BRINGING CRITICAL MENTAL
HEALTH CARE TO MORE COMMUNITIES IN ALBERTA!**

CASA BEAT

**CASA's volunteers
are the best!**
6 new reasons why!

**CASA Supporters Recognized at National
Philanthropy Day Awards Celebration!**

CASA Doctor Honoured
Dr. Bremness awarded the King
Charles III Coronation Medal

DONORS: WE COULDN'T DO IT WITHOUT YOU

We've assembled our Honour Roll, celebrating the donors
who have contributed to CASA's success this year.

\$FREE.99


CHAT - ADP





ADP_PATIENT

I always felt comfortable, understood and valued. The staff, therapists and doctors were always kind and compassionate.

ADP_CAREGIVER

All of the staff were fantastic and I am very grateful the program and these people exist!








SEND

CHAT - CASA-HOUSE

HOUSE_PARENT

So grateful that CASA exists; it literally saved my son's life. Staff are wonderful, incredibly supportive. Changed our lives and helped us start a new, more productive, closer relationship with our son.








SEND

CHAT - CASA-HOUSE

HOUSE.CAREGIVER

I admire CASA's commitment to their mission to help teens and the amount of care that goes into planning, accommodating.



SEND

CHAT - CASA CLASSROOMS

CLASSROOM.PARENT


I would love to see this program available to more students and families.





CLSSRM.CARETAKER

I liked watching my son flourish and discover who he is.

CLSSRM.STUDENT

The environment of the classroom was very welcoming and safe.



SEND



A Message of Gratitude From the Board Chair

Reflecting on our past year at CASA Mental Health, I'm so proud to once again share a message of gratitude, progress and hope for families across the province.

At CASA, our values and our commitment to treating the mental health of children, youth and their families guide every decision we make. In a time when the need for accessible, trauma-informed care has never been greater, CASA has responded with resilience, innovation and a deep sense of purpose.

Over the past year, CASA has taken meaningful steps forward, including expanding its programs, opening new CASA Classrooms and advancing partnerships across Alberta. We've worked to reach more kids and families, increase cultural safety in our services and ensure that every child and youth who walks through our doors feels seen, heard and supported. None of this would be possible without the incredible dedication of our staff and clinicians, who show up every day with compassion and commitment. As a board of directors, we also recognize that the journey is far from over. Mental health is not a luxury – it is a basic need. And all children, youth and their family members deserve timely mental health care.

To our families: thank you for trusting CASA. To our donors and supporters: thank you for fuelling this vital work. To the board of directors: thank you for your 1,000 hours of service. And to our staff and care teams: your passion changes lives and saves lives. Together, we are building a future where mental health care is accessible to all children and youth, and we're well on our way.

Janet Hancock

Board Chair

CASA Mental Health



A Message of Hope From the CEO

I think about hope a lot. As a mother, I've always hoped that my children and family members would have healthy, enriched and fulfilling lives. As a leader, I want to instill hope in our high-performing teams and caring health professionals, who all want to do great work and make a difference in people's lives. And as a health-care executive, I want our programs and services to offer hope to the families who are struggling to find a path forward in light of their child's mental illness.

I see hope reflected in the past year at CASA Mental Health, and in the years to come. I see a growing honour roll of generous donors, volunteers and community fundraisers who believe in our vision and mission. I see more and more CASA Classrooms opening each semester to serve children and youth closer to where they are. I am inspired by our dedicated teams and partners working hard to start building new CASA House facilities across the province. And ultimately, I'm so very grateful that all of this work resulted in more than 11,000 patients and family members receiving mental health treatment. That's 11,000 people with a bit more hope for their future because of CASA Mental Health – and you.

The demand for mental health care – for hope – is growing. As you read our yearbook and learn about CASA's programs, services and engaged communities, I ask you to think about how you can keep spreading these seeds of hope for families across Alberta. Please join CASA Mental Health in our vision of a community where all children, youth and their families are provided with timely mental health care and empowered to thrive.

Bonnie Blakley

Chief Executive Officer

CASA Mental Health

MOST LIKELY TO MAKE AN IMPACT

CASA Supporters Honoured at National Philanthropy Day Awards Celebration

CASA Mental Health recognized National Philanthropy Day in November 2024 – a global celebration of giving and philanthropy – at an awards reception and celebration. This annual event is hosted by the Association of Fundraising Professionals Edmonton and Area Chapter, and provides a forum for sharing stories about individuals, companies, groups and volunteers who are making a difference through their philanthropic efforts.

Congratulations to CASA nominees Thomas Beschell, John Bodnar, John McCaffray, Meg Stevenson and Harry Sunner for their awards and recognition!



Thomas Beschell, Award Sector: Youth

Over the past four years, Thomas, age 20, has volunteered his time, wisdom and passion for mental health advocacy as a member of CASA's Youth and Family Advisory Council. He was appointed to the role of co-chair in August 2022. Following an arduous journey recovering from an eating disorder in his teens, Thomas has helped improve mental health services for other youth, eagerly volunteering for any opportunity to destigmatize mental health, provide advice based on his lived experience or fundraise for CASA. In his leadership role as co-chair, he unites youth and family members in advising CASA and destigmatizing mental health on the council. At a CASA fundraising event in 2024, Thomas stood in front of the crowd and told his story. Dozens of donors approached him afterwards to express their gratitude for illuminating the importance of the mental health services that CASA provides in the 'missing middle.' Through his passion and dedication, Thomas is shaping the landscape of mental illness treatment for the better. You can listen to Thomas' story on the Sept. 16, 2024 episode of CASA's Circle of Care podcast, available on most platforms.

John Bodnar, Award Sector: Community Enrichment

John has made a huge impact on the lives of the children and families that we serve at CASA Mental Health. He has been raising funds for kids' mental health for more than eight years, taking part in CASA's golf tournaments, cycle tours and gala. John has managed to outperform himself year after year, cycling close to 1,000 kilometres annually and raising more than \$300,000 for CASA's programs. He has contributed multiple in-kind donations and volunteer hours at CASA events. John is a true advocate for mental health, bringing greater awareness to CASA programs in both his work and community.



John McCaffray, Award Sector: Community Enrichment

John has been a dedicated donor for almost a decade and serves in a leadership role as a CASA board member. He played a crucial role in introducing hot lunches for children in CASA's day programs. Over the years, he has provided essential support through his participation in CASA's golf tournaments, gala and cycle tour. John demonstrates a deep personal commitment to the mental health of our community, inspiring his family and those around him to get involved in CASA's initiatives. His dedication has advanced CASA's mission and enriched our community.

Looking to join CASA's community of supporters? You can help provide Alberta kids and families with timely mental health care by making a gift, attending an event, hosting your own community fundraiser or volunteering. casamentalhealth.org/get-involved



Meg Stevenson, Award Sector: Health

Meg has advanced children's mental health care through her community fundraising event, Peace in the Park. Over the past decade, Meg has shown a commitment to community well-being, and has positively impacted the lives of the children, youth and families that CASA serves. Meg has raised thousands of dollars for CASA Mental Health over the past seven years and the community in general for the past decade. Her determination to incorporate transformative yoga practices into everyday physical health and mental well-being while fundraising for our cause is inspiring.

Harry Sunner, Award Sector: Community Enrichment

Over the past 10 years, Harry has demonstrated dedication and generosity through his tireless fundraising efforts for CASA Mental Health. His commitment to CASA's mission has culminated in a total donation of over \$200,000. Harry has provided vital resources for child, youth and family mental health care, and has also inspired countless others to join the cause. Harry is one of the founders of the CASA Golf Classic Edmonton and his company, Durabuilt Windows & Doors, has been key in raising dollars and bringing awareness to mental health care. His passion and altruism embody the spirit of community and philanthropy.



Your support helped CASA Mental Health increase from 8,972 in 2023-24 to 11,133 patients and family members served in 2024-25.

Because of you, we served:

- 4,251 patients.
- 6,882 family members.

Our patients are the following ages:

- | | |
|---------|-------------|
| • 0-4 | 6 per cent |
| • 5-12 | 46 per cent |
| • 13-17 | 41 per cent |
| • 18-24 | 4 per cent |
| • 25+ | 2 per cent |

Most Likely to Transform Lives

New CASA Facilities Set to Open in 2027 and 2029

CASA Mental Health is a big step closer to helping more kids and their families get access to critical mental health care where they need it, when they need it.

As part of our five-year strategic roadmap, CASA is expanding its CASA House and adolescent day programs across Alberta and co-locating them in new facilities. This allows for a seamless continuum of care, where patients can transition to and from the two programs without disruption. The expansion is happening in two stages. Facilities will be built in Fort McMurray and Calgary, and are planned to open in 2027, while a new building in Medicine Hat and an updated facility in Edmonton are slated to open in 2029.

Paula Colvin, director of the program management office and expansion project sponsor, says it has been very grounding working with team members who all share the same mission to bring timely and accessible mental health services to more kids and families across Alberta.

“It’s been incredible to be in a room full of construction professionals who are sharing their own stories with their connection to mental health, their own families, their own selves,” says Paula. “It has been extremely inspiring, and everyone’s very driven to get services into these communities.”

Paula anticipates construction will begin in both cities in spring 2026.

“The piece of land in Fort McMurray is partially being gifted to us by a donor. Although we have to pay for a little bit because we needed a little extra room because of the size requirements, they’re gifting us more than half of it.”

Many engagement sessions have been conducted for the project with key community partners, or what the team calls **“careholders.”**

“We’ve invited careholders, not just CASA staff, but also patients and families, to come and talk about what it’s like to receive treatment in these buildings, what it’s like to navigate during crisis in these buildings, whether you’re a staff or a patient or a family member,” says Paula. “The amount of engagement we’ve done has now helped us define what these buildings can become.”



The group has also met and had conversations with communities and their local service providers, with some city councillors offering help with development permits.

"We're very ingrained in the communities," says Paula. "Everyone is very excited that we're coming. It's starting to feel very real."

CASA's values are at the forefront of everything we do as an organization, and the new facilities are being designed and built with our values firmly in mind. The project and construction teams also have unique values for their work.

"Schedule is number one, because you've often heard CEO Bonnie Blakley say, 'we've got to get to kids who are not getting care as soon as possible,'" says Paula.

Overarching to the entire project are CASA's values, and the safety of all staff, patients and community partners is paramount. However, as a non-profit, CASA also needs to be responsible and accountable for funder and donor dollars, so making decisions that align with the project budget is also key. Other important considerations include the quality of clinical care, trauma-informed design and offering an inclusive environment.

Paula says according to the Canadian Healthcare Engineering Society, the project is the first fully integrated project delivery (IPD) construction project in the health-care space in all of Canada. IPD is a lean construction method which joins the key parties in the build – from the owner and general contractor to the architect, key trades and engineers in mechanical, structural and electrical disciplines – to design and build the project to a pre-approved budget, and on time. The IPD process creates more collaboration and communication throughout the project, decreasing waste and increasing efficiency.

"What I really love is, it's just so indicative of CASA blazing trails. We seem to be blazing new trails wherever we go and it's all about the kids," she says.

Once the facilities are up and running, CASA will serve about 320 more severely-complex youth per year. The Government of Alberta has committed \$75 million towards these facilities and CASA is working with donors and communities to raise matching dollars to fund the remaining portion of the project.

It's all part of CASA's vision to provide timely mental health care to as many children, youth and families across Alberta as possible, so they are empowered to thrive.

**Because of
generous
donors like you,
CASA Mental Health
served patients and
families from **121**
communities in
2024-25!**

The most frequently recorded communities were:

- | | |
|-----------------|-------------|
| ▪ Edmonton | 72 per cent |
| ▪ Sherwood Park | 3 per cent |
| ▪ St. Albert | 2 per cent |
| ▪ Spruce Grove | 2 per cent |
| ▪ Red Deer | 2 per cent |



CANDID
CAMERA!





HONOUR ROLL!

Donors by giving level from
April 1, 2024 to March 31, 2025

\$100,000.00 to \$249,000.00 (A to Z)

Edmonton Oilers Community Foundation
Government of Canada, Community Services Recovery Fund

\$50,000.00 to \$99,999.00 (A to Z)

AGLC Casino Funds
Clark Builders
RBC Foundation
Rotary Club of Edmonton
Strathcona

\$25,000.00 to \$49,999.00 (A to Z)

Alquinn Homes
ATB Financial
Colby's Kids - Colby Cave Memorial Fund
Durabuilt Windows & Doors
Dwight Love
Great Canadian Exteriors
Imperial Oil
ScotiaMcLeod Charitable Foundation
The Eldon and Anne Foote Fund at the Edmonton Community Foundation

\$10,000.00 to \$24,999.00 (A to Z)

Amrik Developments
Belairdirect
Belay Advisory
Bonnie Blakley
Butler Family Foundation
Camgill Enterprises Ltd.
Canem Systems
Capital Power Corporation
CARE Group of Companies
Hub Warranty Ltd. o/a Progressive Home Warranty
Jenn Miller
June Bulat
Landmark Group of Companies
Landsperg Holdings Ltd.
Pipe Solutions Services
Rabbit Hill Snow Resort
Sandra and Andrew Megson

Smith Family Foundation
Starlight Casino
Stenabaugh Foundation
The Melton Foundation
Value Partners Charitable Foundation
Zaplachinski Family Foundation

\$5,000.00 to \$9,999.00 (A to Z)

Accurate Networks
Alan Williams
Alliance MJ Developments Ltd.
Andrea Yu Professional Corporation
Bernedette Butler
Bhatti Realty Group
Blaine and Trudy AuCoin
Brian Moody
Cantiro Communities
Central Alberta Child Advocacy Centre
Collins Steel
Cranston Master Builder
David Roberts
DES Engineering Ltd.
Divine Hardwood Flooring
Edmonton Royal Purple Elks No. 22
Emily Taylor Legacy Project
Grimshaw Trucking
Helga & Heinrich Brinkmann - Gordon & Shirley Gifford Fund at the Edmonton Community Foundation
ISC Edmonton
Janet and Dave Hancock
Jodi Sommer
John Carle
Lara Oberg-Stenson
Legacy Plus
M.A.P. Group of Companies
Maclab Development Group
Matt Kratzmann
McLennan Ross LLP
Nordstrom Dental Centre
PCL Construction
Porsche Centre Edmonton
Priority Mechanical Ltd.
Qualico
REALTORS® Community Foundation
Robert Roy
SAT Consulting & Construction Inc.
Sherwood Park Chevrolet

Simon and Martina Sochatsky
Smiles Thru Lindsey Foundation
SMP Engineering
Southgate Audi
Sturgeon County
T2M Agent Services Ltd.
University of Alberta Rotaract Club
University of Alberta, Faculty of Medicine & Dentistry
VETS Group
Westrich Pacific Corp.
Youth and Philanthropy Initiative Canada (YPI)

\$2,500.00 to \$4,999.00 (A to Z)

Ace Land & Construction Corp.
Angus Watt Advisory Group
Baseline Wine & Spirits
Birkholz Homes
Brian Beresh Professional Corporation
Canadian Imperial Bank of Commerce (CIBC)
Canadian Western Bank
Chandos Construction LP
CM Holdings Ltd.
Dean Rusnak
Dee-Jay Plumbing and Heating
Donald J. Masson Professional Corporation
Excel Homes
Frederick + Sherwin LLP
Glenn Dobson
Graeme Bell
Gulls Give Foundation Ltd.
Infiniti Edmonton South
John Eaton
John Nicola
Ken Rosenau
Kenroc Building Materials Co. Ltd.
Leon Zupan
Lloyd Sadd Insurance Brokers
Matthew Lecky
Michael Popowich
Mosaic Home Services Community Support Fund
Northern Asset Management
Osprey Resorts
Pretium Construction West Ltd.
Rebekah Assembly of Alberta
Roger & Riet Bland & Family Fund at the Edmonton Community Foundation

Roger and Lynette Delbaere
 Ron and Phyllis Bryant
 Seagate Contract Management Ltd.
 Shelagh L. McGregor Professional Corporation
 Shores Jardine LLP
 Snowshoe Inn NWT Ltd.
 St. Andrew's Mens Club
 Standard General Inc.
 Stelios Karatzas
 Synergy Group of Companies
 Ty Seifeddine
 UrbanAge Homes
 Weir Bowen LLP
 Wetaskiwin Family Medical Practice
 Wolseley Canada Inc.
 Yardstick Technologies Inc.

**\$1,000.00 to \$2,499.00
 (A to Z)**

1620841 Alberta Ltd.
 2403626 Alberta Ltd.
 Alan and Siobhan Brilz
 Alberta College of Pharmacy
 Alberta Parking Lot Services
 Alberta Truss
 Aligned Together
 Allan Wood
 Allen Hallgren
 Amaranth Whole Foods Market Inc.
 AMG Painting Ltd.
 Andrew and Breanna Scholotiuk
 Andrew Rae
 Anisha Sachedina
 Art Custom Homes
 Associated Engineering
 ATB Wealth
 BCMI Management Ltd.
 Bianca Dahlman
 Bonnie Schmidt
 Bosch Rexroth Canada
 Boss Design
 Boston Pizza Foundation
 Brad and Brenda Ritchie
 Brad Sykes
 Bryan Mason
 CAFAR Consulting Inc.
 Caitlin McElhone - CM Events
 Canada Medical Ltd.
 Canadian Birkebeiner Society
 Carlin Dennis
 Carlson Construction Ltd.
 Charity Glow Golf
 Christoff De Wet
 Christopher Decock
 Chuck and Lara Amerongen
 Cinex Systems Inc.

Cody Paterson
 Consolidated Gypsum Supply Ltd.
 Crystal Tacada
 Dave Bellous
 Dave Terriff
 David Kent
 Denise Theberge
 Deol Auto
 Dirty Laundry Vineyard
 Dorothy Kubsch
 Dr. Alice Leung
 Dr. Mary Machum
 Dr. Molly Rodgers
 Dream Office Management Corp.
 Edmonton No. 11, Elks of Canada - Alberta Lodges
 Edmonton Passion and Kink
 Elvis Iginla
 Ernst & Young LLP
 Evan Hopkin
 Faye Parker
 FX Audio
 Gary Segal
 Geoffrey Glotman
 Georgia Philipp
 Gillbuilt Homes Ltd.
 Gino Ferri
 Greg and Kathie Eberhart
 Greg Zeschuk
 Heather Hicks
 Holly O'kurly
 IG Wealth Management
 Imperial Sovereign Court of the Wild Rose Social Association (ISCWR)
 Inglis Chubb
 James Watt
 JDK Group
 Jeff and Stef Philipp
 Jennifer Lee
 Jill Sheward
 Jim Rhode
 Jim Richl
 JJ Wool Company
 Jodie Wacko
 John and Susan Maude
 John Bodnar
 John McCaffray
 John Young
 Justin Chia
 Karim Habib Professional Corporation
 Katherine Rolfe
 Katie Hayes
 Kiwanis Club of Edmonton Oil Capital
 Krystal Gray
 Leaders International
 Len Denham
 Lori Stuart

Lorrie Deutscher
 Mark Ferne
 Melita Kudel
 Melonie Macdonald
 Michele Annich
 Michelle Haner
 Nancy Cranston
 Nomi Steen
 Norman Walline
 Oasis Engineering
 Odynski Family Fund at the Edmonton Community Foundation
 Pawandeep Mann
 Peter Wardell
 Pierzchajlo Swanson Family Fund at the Edmonton Community Foundation
 Preet Janitorial Services Ltd.
 Queen of Hearts
 Ralph & Gay Young Family Fund at the Edmonton Community Foundation
 Ralph Young
 Reimagine Architects Ltd.
 Rick and Stephanie Taylor
 Riopka Manrique Professional Corporation
 Robb and Cathy Hornland
 Roger Swainson
 Royal Mayfair Golf Club
 Running Room
 Samantha Kelch
 Sandy Wishloff
 Scott Builders Inc.
 Shannon Lipscombe
 SMA Consulting Ltd.
 Solace Psychology
 Spencer and Marie Montgomery Fund at the Edmonton Community Foundation
 STC Custom Cabinets
 Stephani Carter
 Stephen and Lynn Mandel
 Stewart McAndrews
 Strength & Grace Yoga
 Sun Life
 Sylvan Development Ltd.
 The A100
 THE SAMIES IOOB
 TID Holdings Inc.
 Tom Achtymichuk
 Tracy Evans
 Trevor Brown
 Trudy Cormier
 Vickie Baracos
 Watson Family Fund at the Edmonton Community Foundation
 Welcome Homes Construction Inc.
 Westlink Consultants

physician

shout out

Most Likely to Live our Values

This year, we celebrated milestones for two amazing individuals on the CASA Mental Health care team: Dr. Andrew Bremness and Dr. Gary Hnatko. Both share the 2024-25 yearbook awards of Most Likely to Live our Values at CASA.



Dr. Bremness
receives the
King Charles III
Coronation Medal

Dr. Andrew Bremness

Dr. Bremness has devoted more than 30 years of professional service to making a difference for kids, youth and families as a psychiatrist at CASA. On Dec. 5, 2024, he was honoured as a recipient of the King Charles III Coronation Medal.

He received the recognition in a presentation by The Honourable Salma Lakhani, Lieutenant Governor of Alberta. The medal commemorates the Coronation of His Majesty King Charles III on May 6, 2023.

With a distinguished career that has spanned more than 40 years, Dr. Bremness works with patients in CASA's Triage and Transition, Core, Trauma and Indigenous Services programs. He is an appointed clinical professor in the Department of Psychiatry, Division of Child Psychiatry at the University of Alberta and was previously a consulting psychiatrist with the child health unit at the Misericordia Community Hospital.





Dr. Gary Hnatko

We also recognized the accomplishments and celebrated the retirement of Dr. Gary Hnatko in 2025. A former medical director of CASA Mental Health, Dr. Hnatko is a leader in child and adolescent psychiatry, with a distinguished career spanning over 40 years.

He has provided clinical care from Edmonton to Yellowknife, and many places in between. With leadership that extended beyond direct care, he advocated for the establishment of a Division of Child Psychiatry at the University of Alberta, and then became the first head of the division. Dr. Hnatko has held numerous academic and leadership roles, and is currently a Professor Emeritus at the University of Alberta.

As a Past Chair of the Specialty Committee in Psychiatry for the Royal College, he was instrumental in securing formal recognition for child psychiatry as a distinct sub-specialty in Canada.

We celebrated Dr. Hnatko's retirement on June 3, 2025.

Congratulations to both our recipients for making such an incredible difference in the lives of children, youth and families!

Report Card 2024-2025

Results from 2024-25 CASA Satisfaction/Experience Survey

Semester	Date	Reporting Period
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Student:	OEN:	Grade:	Homeroom:
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		Average Caregiver Positive Response	Average Youth Positive Response
	CASA staff treated me and my family with compassion and understanding.	88% (n=155)	89% (n=47)
	Our admission into CASA service was easy to navigate.	76% (n=154)	68% (n=38)
	Staff told us about services and supports we could access next for help.	81% (n=154)	78% (n=37)
	Staff explained things to us in a way we could understand.	90% (n=154)	77% (n=48)
	I felt like staff considered my perspective when making decisions about my/my child's treatment.	79% (n=154)	71% (n=38)
	I felt that the people who saw me/my child were working together to help us.	77% (n=154)	89% (n=38)
	CASA helped improve my/my child's mental health.	72% (n=154)	83% (n=48)
	I felt that CASA staff recognized and respected my/my child's unique identity.	81% (n=154)	84% (n=38)
	The length of time we waited for our first appointment was acceptable.	67% (n=155)	61% (n=38)
	I would recommend CASA to family and friends, if they needed similar help.	79% (n=154)	76% (n=46)
	How would you rate your overall satisfaction with CASA services?	82% (n=148)	79% (n=47)
	Overall, do you think CASA has enough practices in place to prevent the spread of illness and infection in our facilities?	93% agreed (n=154)	69% agreed (n=49)

Principal's Signature

X

Date

Report Card 2024-2025

Results from 2024-25 CASA Satisfaction/Experience Survey

Semester	Date	Reporting Period
----------	------	------------------

Student:	OEN:	Grade:	Homeroom:
----------	------	--------	-----------

		Average Caregiver Rating (n= 155)	Average Youth Rating (n=49)
	CASA staff treated me and my family with compassion and understanding.	4.3/5	4.5/5
	Our admission into CASA service was easy to navigate.	3.9/5	3.8/5
	Staff told us about services and supports we could access next for help.	4.0/5	4.1/5
	Staff explained things to us in a way we could understand.	4.2/5	4.2/5
	I felt like staff considered my perspective when making decisions about my/my child's treatment.	4.0/5	4.0/5
	I felt that the people who saw me/my child were working together to help us.	3.9/5	4.3/5
	CASA helped improve my/my child's mental health.	3.9/5	4.1/5
	I felt that CASA staff recognized and respected my/my child's unique identity.	4.1/5	4.2/5
	The length of time we waited for our first appointment was acceptable.	3.6/5	3.5/5
	I would recommend CASA to family and friends, if they needed similar help.	4.1/5	4.1/5
	How would you rate your overall satisfaction with CASA services?	7.7/10	7.4/10

Principal's Signature **X** _____ Date _____



CASA VOLUNTEER BRINGS PASSION TO NEW COMMUNITY

Cortni Engler has paved the way as the very first provincial volunteer based outside of Edmonton in a CASA program – CASA Classrooms.

Before Cortni, CASA volunteers were based in Edmonton. However, with CASA expanding provincially, the organization was already looking to expand its volunteer base. You could say it was a case of perfect timing.

Cortni, a psychology student at Red Deer Polytechnic, wanted to find a volunteer position that could help her decide if becoming a child psychologist was right for her. That's how she discovered CASA Mental Health.

She applied to volunteer at CASA in June 2024, and became actively involved. She volunteered to sell 50-50 tickets at a Sylvan Lake Gulls game to support CASA, and volunteered at CASA's golf tournaments in Red Deer and Edmonton.

In fall 2024, one of her classes included a community service learning component, requiring hands-on experience. Cortni contacted CASA's volunteer manager and asked if there might be an opportunity to volunteer at the CASA Classroom in her community – the Escuela Vista Grande School in Red Deer for Grade 6 to 8 students. Together, CASA Classrooms leaders, CASA's volunteer manager and Cortni collaborated to envision and build this new volunteer position.

Currently, Cortni volunteers in the classroom between seven and 10 hours a week. Typical duties include support with literacy and numeracy, emotional regulation, student supervision during activities and classroom preparation. Cortni's course is long over, but she intends to continue volunteering in the classroom as long as she can.

Plans are already underway to expand volunteer resource support into other CASA Classrooms, potentially throughout the province.

Read an
interview with
Cortni at
[casamentalthhealth.org/
cortni](https://casamentalthhealth.org/cortni)

**For more information on becoming
a CASA volunteer like Cortni, visit
casamentalthhealth.org/volunteer.**

Reasons to love our volunteer squad *(as if we needed more!)*

Support from 469 CASA volunteers made the following possible in 2024-25!

4,244 hours of service.

94 volunteer opportunities.

59 barriers to care reduced, including childminding to enable caregivers to attend appointments.

91 per cent shift fill success rate, resulting in 657 shift engagements with volunteers.

A total of 179 volunteers contributed more than 1,120 hours towards 43 clinical program opportunities to provide essential childminding service and program assistance. This included childminding in Core and day programs, as well as gym, art and science support at CASA House.

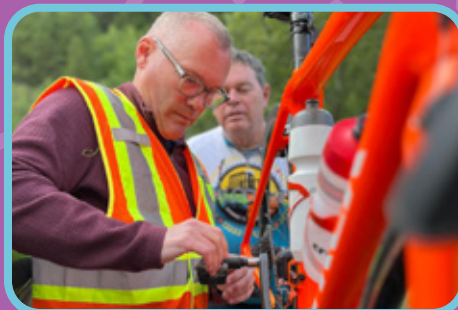
Thirty-eight volunteers stepped up to support a new Philanthropy initiative starting in summer 2024 and volunteered over 118 hours to represent CASA at 13 community engagement events. These included KidsFringe, IKEA's mental health awareness day, 50/50 ticket sales, Peace in the Park, NASCAR and several other generous community fundraisers.



More than 150 volunteers were represented at nine CASA events and contributed a total of 636 hours. These events included the Edmonton and Red Deer CASA Golf Classic tournaments, Zin on the River, CASA Family Fest, CASA Carnival and several others!



Ninety volunteers assisted with 18 project-based administrative support tasks and contributed more than 343 hours. Examples include donor thank-you calls, literature reviews, toy and therapeutic device inventory and management, research assistance and holiday decorating and activity support.



More than 30 volunteers joined CASA staff at CASA Centre on March 30 for an inaugural volunteer appreciation event to say thank you for all their contributions during the year! The event included appetizers, live music, draw prizes and a panel with CASA staff discussing how volunteers have enhanced their programs.

A Year in Review: Youth and Family Advisory Council

CASA Mental Health's Youth and Family Advisory Council (YFAC) celebrated another successful year in 2024-25. The council was thrilled to host our first ever CASA Family Fest in September 2024! The council also advised CASA programs with their wisdom and lived experience, while an invitation to join Catchball 2024 – the organization's strategic planning process – added even more excitement to our year.

Highlights

CASA leadership visited council meetings all year to present new programs and service changes. The council advised on five diverse items in 2024-25, ranging from new clinical programs to the operational plan to CASA House expansion.

Five members participated in several CASA House Careholder Engagement Sessions. The project team also brought its capital expansion plans to build new CASA House facilities to the council for feedback.

YFAC members were invited to attend Catchball for the second time, alongside CASA staff and leadership as they discussed the coming year's operational plan. The council embraced the opportunity to share their thoughts about the plans and ideas.

Visit casamentalth.org/voices to learn more and join the council or network!

Approximately 400 people attended the first ever CASA Family Fest, including patients, families, volunteers, friends and staff! We came together to create a deeper sense of community and belonging by building relationships through community art installations, yoga and wellness, information booths, play and crafts, conversation and food.

Youth and Family Council members contributed approximately 600 hours in 2024-25, including meetings, working groups, CASA Family Fest and telling their stories to CASA board members, staff, leadership and the public.

Community Comes to Life at CASA Family Fest!

On Saturday, Sept. 14, 2024, the Youth and Family Advisory Council brought patients, families, volunteers, staff and community members together to celebrate the resilience and perseverance of those who access and provide children's mental health care at CASA Family Fest. The outdoor event focused on fun activities, community building and wellness for all ages. It brought people together and helped those with mental illness feel seen and better understood. Thank you to all the YFAC members who contributed to the event, and check out these great photos!



Our Team

Number of
employees as of
March 31, 2025:

425

**88.7 per cent
staff retention rate**

Math class!

*425 employees minus 48
voluntary exits = 377
divided by 425 = 88.7
per cent*

Hires in 2024-25: 163

Clinical staff: 130, including 34
mental health therapists

Business Operations staff:
33, including non-clinical
departments such as Philanthropy,
Communications, Program
Management Office, Business
Intelligence and Evaluation.

Culture Club News!

- CASA increased staffing by 17 per cent since the start of the 2024-25 fiscal year. The total number of permanent positions in the organization increased by 66 from 380 to 446.
- CASA rolled out and completed a new annual performance objective-setting process, including a merit-based increase for non-unionized employees who achieve those objectives.
- CASA hired 62 new CASA Classrooms employees.
- The average tenure with CASA reached three years.
- Some operational teams grew significantly for their size to support the growing organization. Information Technology recruited a new leader and rounded out its team to five. The newly-named Occupational Health and Patient Safety department combined the responsibilities of the occupational health team and the patient safety team into one, doubling the team size from two to four people to support organizational expansion. The Finance department also added four new employees to their team.
- The Indigenous Services program expanded, with eight new employees joining the team.



OUR PROGRAMS

CASA's wide range of programs are evidence-based, trauma-informed and incorporate the family and community into treatment. Programs are always free of charge to families.

Core (ages three to 17)

Core is the first stop for most families who come to CASA. The program serves children ages three to 17 and provides general mental health treatment. From Core, the therapist may step families up or down into more appropriate levels of service if needed.

2,427 people served

Specialty Programs

These programs focus on specific areas such as family dynamics, parenting, trauma and Indigenous ways of treatment. Some of these programs offer education and consultation for other treatment providers.

- **Fetal Alcohol Spectrum Disorder Program (ages three to 12):** Provides information and education to families with children with a possible or confirmed diagnosis of prenatal alcohol or drug exposure, or fetal alcohol spectrum disorder.
- **Family Therapy Program:** Family Therapy helps families understand each other's needs and find better ways to work together. *314 people served*
- **Indigenous Services:** Provides various streams of service to support the mental health of Indigenous children, youth and families. All services are based in Indigenous cultures, worldviews and spiritualities. *348 people served*
- **Trauma Program (ages five to 18):** Treats trauma symptoms by nurturing connection and safety between children and their caregivers. *396 people served*

Live-In and Day Programs

Also referred to as "step-up" services, these programs treat chronic or severe mental health challenges by providing treatment in a controlled school environment. Patients may be struggling to participate in or attend school.

- **Adolescent Day Program (Grades 8 to 12):** Aims to improve the social and learning skills of youth with serious mental health and/or addictions challenges. Youth attend the program daily during the school year. *59 people served*
- **Children's Day Program (Grades 3 to 6):** Aims to improve the social and learning skills of children with serious mental health challenges. Children attend the program daily during the school year. *66 people served*
- **Preschool Day Program (ages four and five):** Provides specialized early childhood mental health care in a small classroom setting. Children attend the program two full days a week during the school year. *55 people served*
- **CASA House (Grades 7 to 12):** A live-in program for teens who need support with significant mental health and/or addiction challenges. Teens stay at CASA House for an average of four months. *106 people served*
- **CASA Classrooms (Grades 4 to 12):** CASA's new model for school-based mental health service. CASA Classrooms bring mental health care to where students live and learn: schools. Up to 60 CASA Classrooms will be operational in schools across the province in the coming years. *506 people served*

For more detailed information about each program, visit casamentalhealth.org/programs.

People served by other CASA services

Triage, Navigation and Transition	1,170	Medical Psychiatry Clinics	641
Psychological Assessment and Consultation	372	Integrated Concurrent Care	147
Rehabilitation Services	143	Adult Mental Health	124

**Note: the sum of numbers across programs/services does not equate to the number of patients served, as some patients could be admitted to more than one program during the year.*

Statement of Operations

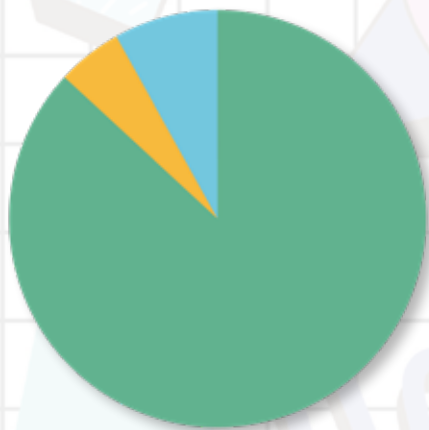
	2025	2024	2023
	\$	\$	\$
Revenue			
Alberta Health Services grants	6,362,991	6,362,991	6,207,796
Alberta government grants	31,583,458	21,198,350	10,253,991
Contributed facilities	1,355,792	1,355,792	1,355,792
CASA Foundation grants	—	114,741	1,174,241
Other foundations and community support	157,891	551,026	668,555
Amortization of deferred capital contributions	161,545	183,865	207,975
Investment income, net	2,191,145	1,116,166	490,259
Donations	2,111,753	1,499,644	1,570,205
Casinos	—	260,725	55,650
	43,924,575	32,643,300	21,984,464
Expenses			
Salaries and employee benefits	33,571,807	25,106,910	15,766,420
Facility leases	2,025,288	1,889,427	1,675,345
Client related costs	1,258,502	662,644	519,535
General and administrative	4,142,306	2,825,096	2,508,396
Amortization of capital assets	563,932	535,692	529,767
Facility operations	630,640	627,396	573,411
Research expenses	450,000	451,625	450,000
Professional fees	1,125,300	542,160	460,437
	43,767,775	32,640,950	22,483,311
Excess of revenue over expenses	156,800	2,350	(498,847)

Year ended March 31

Who funds CASA Mental Health?

CASA Mental Health is funded by a combination of donations and community grants, Government of Alberta grants, and other third-party organizations.

We are a financially stable organization with a goal of more diverse funding sources, which means that we want to grow our honour roll of generous donors and supporters! To become a donor or learn more about supporting CASA Mental Health's vision and mission, please give help at casamentalhealth.org.



2024-2025

- Government of Alberta - 86%
- Donations and Community Grants - 5%
- Other - 8%



LOCATIONS



CASA Fort Road

CASA Fort Road houses various programs and services, including Core, Professional Development and Education, and Family Therapy. Fort Road also features facilities such as a Snoezelen room and multiple observation rooms.

13415A Fort Road NW
Edmonton, Alberta



CASA Centre

CASA Centre is a state-of-the-art facility that opened in 2016. Designed with a trauma-informed approach, this facility is home to CASA's day programs and more. It features a cultural room for spirituality and meditation, a Snoezelen room, music and art therapy spaces, a fully-equipped gym and other recreational rooms and equipment.

10645 63 Avenue NW
Edmonton, Alberta



CASA West

CASA West opened in January 2023. The newly-renovated office offers clinical space for patient appointments in Core and other programs, as well as flexible meeting rooms, space for administrative teams and room to expand in the future.

14940 121A Avenue
Edmonton, Alberta



CASA House

CASA House is a live-in facility for teens who need support with significant mental health or addictions challenges. Teens participate in individual, group and family therapy, social and life skills training, and on-site schooling in small classroom settings.

9400 Emerald Drive
Sherwood Park, Alberta

Downtown

Located just off Jasper Avenue in the Peace Hills Trust Tower, CASA Downtown serves as CASA's corporate headquarters. It is home to Philanthropy, Communications, Finance and other business operations teams.

#406 Peace Hills Trust Tower
10011 109 Street NW
Edmonton, Alberta



New for 2025-26: CASA Calgary

CASA Mental Health is expanding across Alberta to ensure mental health resources meet kids where they are, serve more children and youth, and provide support built directly into families' lives. CASA Calgary opened its doors in 2025, and serves as a home office for Calgary-based staff, and as therapeutic space for the Trauma Program.

#200 1000 7 Avenue SW
Calgary, Alberta

CASA Classrooms

Opened February 2023

Sturgeon County: Guthrie School (Grades 7 to 9)
Sturgeon County: Sturgeon Composite High School
(Grades 10 to 12)

Opened September 2023

Edmonton: J.A. Fife School (Grades 4 to 6)
Edmonton: St. Gabriel Catholic School
(Grades 7 to 9)
Fort Saskatchewan: Fort Saskatchewan Elementary
(Grades 4 to 6)

Opened February 2024

Medicine Hat: Southview Community School
(Grades 4 to 6)
Red Deer: Escuela Vista Grande School
(Grades 6 to 8)
Wetaskiwin: Wetaskiwin Outreach School
(Grades 6 to 9)

Opened September 2024

Calgary: St. Cyril School (Grades 7 to 9)
Cold Lake: Art Smith Aviation Academy
(Grades 5 to 8)
Edmonton: St. Joseph Catholic High School
(Grades 10 to 12)
Edmonton: Rosslyn Junior High School
(Grades 7 to 9)
Fort McMurray: St. Gabriel School (Grades 6 to 8)
Red Deer: Pines Alternative School (Grades 9 to 11)
Sherwood Park: Bev Facey Community High
(Grades 10 to 12)

Opened February 2025

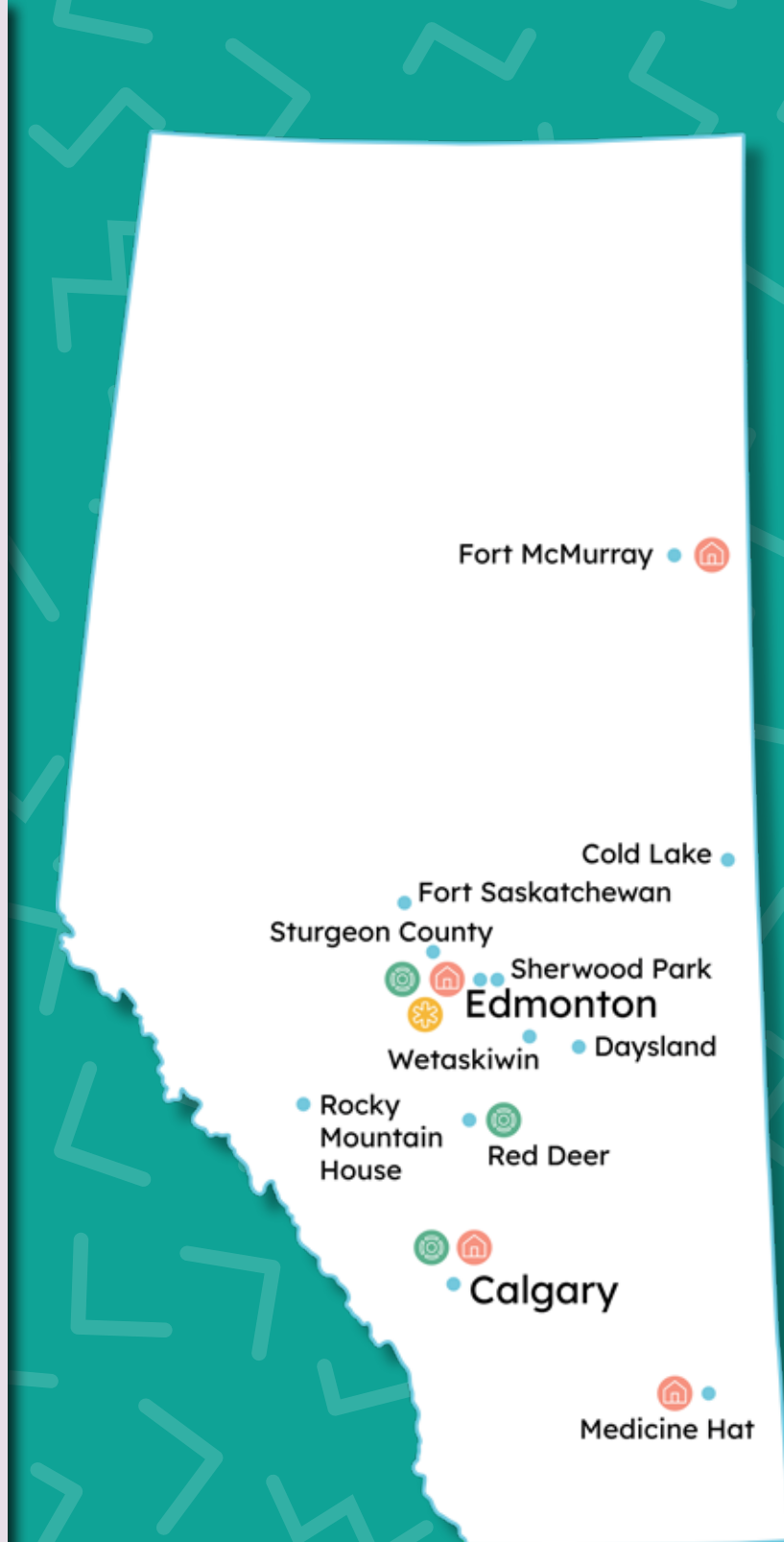
Calgary: F.E. Osborne School (Grades 7 to 9)
Daysland: Daysland School (Grades 7 to 10)
Rocky Mountain House: West Central High School
(Grades 8 to 10)

Opening September 2025

Coaldale: R.I. Baker Middle School
(Grades 5 to 8)
Grande Prairie: I.V. Macklin Public School
(Grades 5 to 8)
Lacombe: École Lacombe Junior High School
(Grades 7 to 9)
Slave Lake: E.G. Wahlstrom School (Grades 4 to 6)
Stony Plain: High Park School (Grades 4 to 6)
Strathmore: Brentwood Elementary School
(Grades 4 to 6)
Taber: Central Elementary School (Grades 4 to 6)

Opening February 2026

Redcliff: Redcliff Alternative Outreach School
(Grades 6 to 9)
Red Deer: St. John Paul II Outreach School
(Grades 8 to 12)
High Level: High Level Public School
(Grades 5 to 8)



 CASA House Facility

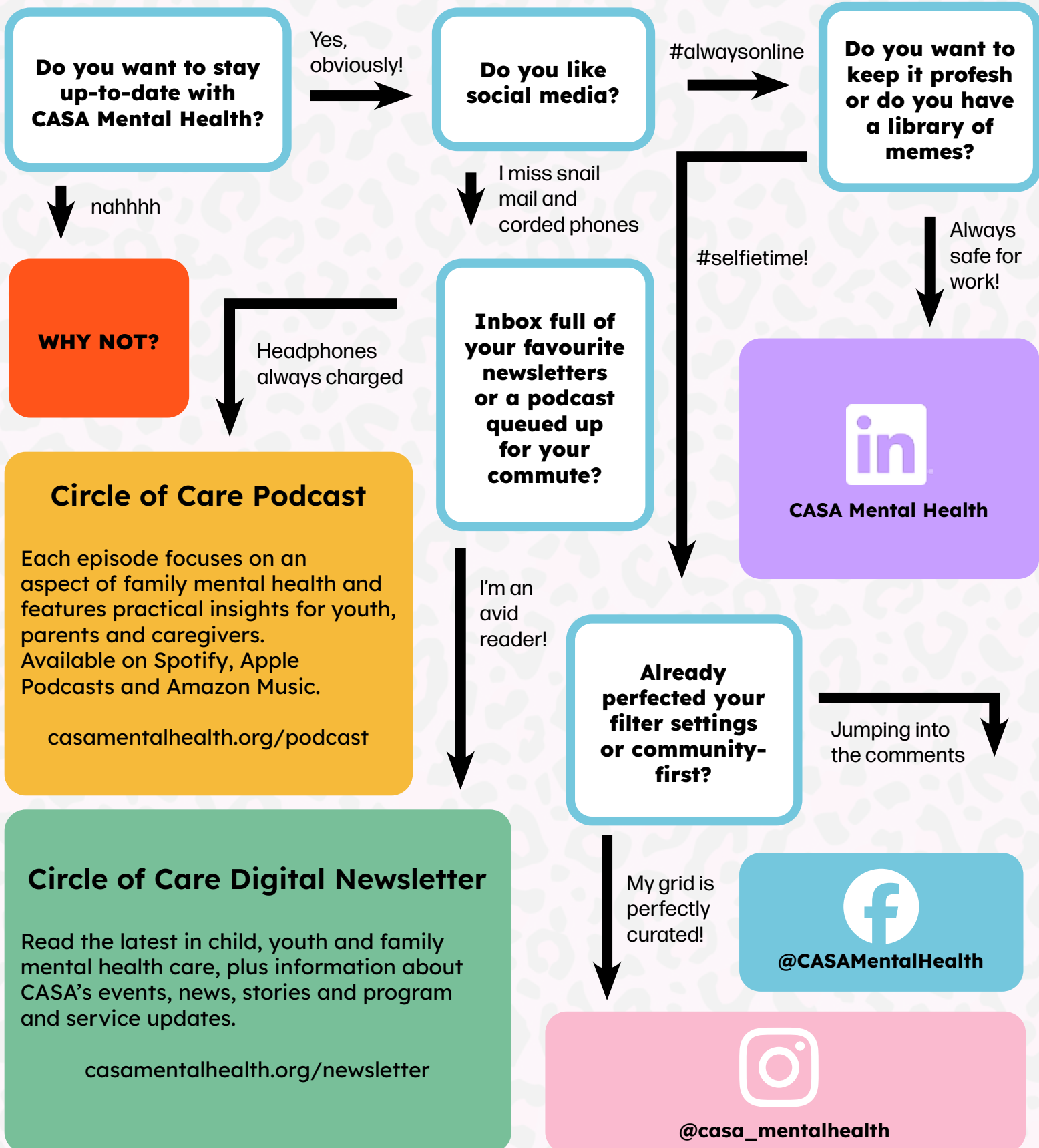
 Trauma Program

 Core

 CASA Classroom

Connect with CASA!

Plus, take our annual report quiz – find it hidden on one of our channels below! Complete the quiz for a chance to win a prize.



Need to reach us? Email info@casaservices.org



FamilySmart: Family Peer Support Program.

This program connects families who are navigating their child's mental health challenges. Peer support workers listen, provide advice and help families navigate the mental health system to support their child. This program is free for families and has no waitlist.

The child and adolescent mental health research chair.

A joint position with CASA Mental Health and the University of Alberta's Faculty of Medicine and Dentistry; Dr. Daniel Moreno De Luca specializes in research in autism, genetic disorders and neuropsychiatric conditions.



Creating comfort in CASA Classrooms.

This includes items that make the classroom a welcoming, inviting environment, like couches, comfortable chairs, rugs and lamps. It also includes fidget toys and sensory items for students, supplies that help students build their social-emotional skills and evidence-based materials, such as therapy kits and games that can be used during therapy.



CASA House Expansion

Over the next few years, CASA House is expanding and building new facilities in Fort McMurray, Calgary, Medicine Hat and Edmonton.

CASA House is a live-in program for youth aged 12-18 who have not been successfully treated in community settings. Youth who come to CASA House have complex needs which could include severe mental health challenges, family dysfunction, school issues, peer-related issues and social/economic challenges. The average length of stay in the program is four months, with an additional month of follow-up after discharge.



CASA Mental Health

These are some of the things that donations help fund at CASA Mental Health!

Have questions about more ways to give to CASA, such as legacy giving, fundraisers or corporate giving?
Email give@casaservices.org

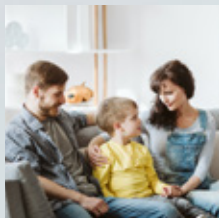
Make a one-time or monthly donation online:

Thank you for your support!



scan to donate

c a s a i s . . .



...child-centred and
family inclusive care



...community



...collaboration



...equity, diversity
and inclusion



...outcomes-based
accountability

...a community where all children, youth and their families are provided with timely mental health care and empowered to **thrive**.

...building resilience through holistic, evidence-informed and compassionate care, and to advocate for children, youth and families with mental illness.

