



Circle of Care is CASA Mental Health's quarterly publication for child, youth and family mental health in Alberta.

Leading with Heart: New Director to Help Expand Day Programs and CASA House

More facilities, more capacity, more service for Alberta families. CASA Mental Health is expanding its [CASA House](#), [Adolescent Day Program](#) and [CASA Classrooms](#) across Alberta. Recently, we welcomed two new directors to our Senior Leadership Team who will lead the expansion of these programs and help us achieve the goals in our five-year strategic roadmap. These directors will champion CASA's vision for a community where all children, youth and their families are provided with timely mental health care and are empowered to thrive.

Tanya Kendall, Director, Clinical (Day Programs and CASA House) is a heart-first, action-oriented person. As a leader and one of CASA's newest directors, she's also committed to building a mental health system that wraps around kids and families, to provide more timely mental health care closer to the communities where kids live and learn.



Tanya Kendall is the new Director, Clinical (Day Programs and CASA House) at CASA Mental Health.

Learn more about Tanya's vision for CASA House and day programs:

[Read More](#)

Quadrupling Mental Health Beds for Alberta Youth

CASA Mental Health is excited to partner with the Government of Alberta and Clark Builders to build live-

in and day program CASA House facilities in three new locations: Medicine Hat, Fort McMurray and Calgary.

This is part of a \$75 million capital commitment from the Government of Alberta, which will also support a new CASA House in the Edmonton region to replace the existing Sherwood Park facility. Once operational, the number of CASA House beds will quadruple to about 80 across the province and will treat more than 300 Alberta youth every year.



CASA House, located in Sherwood Park, is a live-in program for teens who need support with significant mental health and/or addiction challenges.

The four facilities — each over 30,000 square feet — will include trauma-informed design shaped by input from patients, families and mental health experts. The Fort McMurray and Calgary locations are anticipated to open their doors in the fall of 2027, with Medicine Hat and Edmonton following in 2029.

[Read the Government of Alberta's Announcement](#)

[Read Clark Builders' Announcement](#)

Cortni Paves the Way for Province-Wide Volunteer Base

Cortni Engler has paved the way as the very first provincial volunteer based outside of Edmonton in a CASA program – CASA Classrooms.

Before Cortni, CASA volunteers were based in Edmonton. However, with CASA expanding provincially, the organization was already looking to expand its volunteer base. You could say it was a case of perfect timing.

Cortni, a psychology student at Red Deer College, wanted to find a volunteer position that could help her decide if becoming a child psychologist was right for her. That's how she discovered CASA Mental Health.



Cortni in the CASA Classroom at Escuela Vista Grande School in Red Deer.

[Read More](#)

Give Hope to Alberta Youth and Families

Right now, one in five children in Canada experiences a mental illness. Too many face long waitlists and limited access to the care they need. When days count, waiting a year isn't an option. **Hope can't wait.**

Help us give **CASA** to more kids and families who need it. Give hope. Give **CASA**. Because mental health can't wait until kids are 18. [Donate today.](#)

**Give
Help**

**Get
Help**

Circle of Care Podcast



Have you heard? Circle of Care is more than a newsletter! It's also CASA's podcast about all things mental health. Each episode features an interview with a guest expert, plus relevant mental health news.

[Available wherever you get your podcasts.](#)

Apply for a CASA Youth Scholarship

Calling all students: applications for CASA scholarships are now open!

Apply for our scholarships by **Tuesday, July 15, 2025**. Applications are open to current or former CASA patients aged 25 or under, and could help fund your schooling or job readiness!

[Learn more and apply!](#)

CASA IN THE NEWS

Talking to Teens about Difficult Topics

It's no secret talking to teens can be challenging – especially when the topic is difficult or awkward. Sometimes, though, we do need to have those difficult conversations with our kids. How can we make sure they feel safe coming to



us when they need to, and how can we coach them through tough situations? **Caitlin Ebbers**, clinical manager at CASA, joined Global Morning News with some guidance.

[Watch the segment here](#)

CASA's Volunteer Program

Volunteer resources manager **Breanne Coffill** and CASA volunteer **Julia Self** joined Global News in May, during National Volunteer Week, to talk about CASA Mental Health's volunteer opportunities, how our volunteer program is expanding into new communities and what it's like to be a CASA volunteer.



[Watch the segment here](#)

CASA Mental Health Supporting Families

Senior Manager **Renee Strong** joined Global News Edmonton to talk about what services CASA can offer to families here in Edmonton, and how to start that journey.



[Watch the segment here](#)

Leave a Lasting Legacy

Making a gift through your will is an easy way to support a cause that is important to you. With a legacy gift, you can shape the future of mental health in Alberta. Your will makes a difference. [Learn more.](#)

EVENTS

Celebrate 10 Years of the CASA Golf Classic

Returning to Blackhawk Golf Club, this highly anticipated tournament raises much-needed funds to advance mental health care for children, youth and families across Alberta.

The CASA Golf Classic 2025, presented by Durabuilt

Windows & Doors and Clark Builders, is an invitational event. Don't miss this opportunity to network with like-minded business professionals at a world-class private club committed to providing an unforgettable golf and social experience.

[Learn how to become a partner and participate in this meaningful event.](#) Limited partnership opportunities remain!



Community Fundraisers

Thank you to our recent community fundraisers!

- 102.3 NOW! Radio Garage Sale
- ATCO Employees Participating in Communities (EPIC)
- McNally High School
- Quarter Auctions in the Park
- SAIT Business Administration Students
- SMP Engineering
- Technical Business Solutions

Check out these ongoing community fundraisers!

- [Climbing for Change](#)
- [Edmonton Cause Players](#)
- [Edmonton Marathon](#)
- Recycling with [SkipTheDepot](#)

Find us at the **Edmonton International Raceway** on **Saturday, July 12, 2025** for the [NASCAR Canada NAPA 300 Series](#)! Proceeds from the 50/50 raffle will help children, youth and families access free mental health care through CASA Mental Health.

Get help, give help. Visit our website [atcasamentalhealth.org](https://casamentalhealth.org)

Like this email? Forward it to a friend and encourage them to [subscribe](#).



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