

CASA Mental Health Classrooms

FOR PHYSICIANS AND PRIMARY CARE NETWORKS

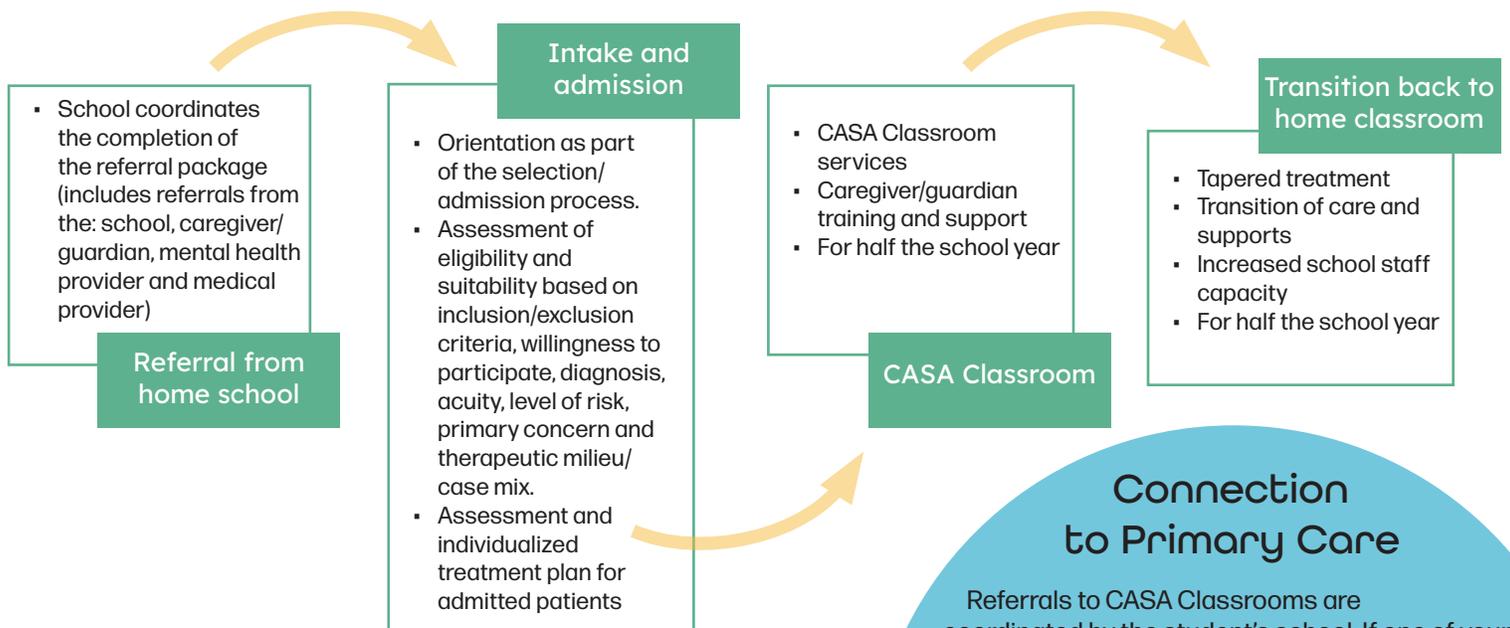
CASA Mental Health has partnered with the Government of Alberta, Alberta school divisions and community partners to deliver CASA Mental Health Classrooms, intensive clinical intervention and individualized programming in local classroom settings to address the need for intensive mental health services closer to students in grades 4 through 12.

Treatment and supports within the CASA Classroom include:

- Comprehensive assessment to inform a focused treatment plan;
- Education related to self-management of mental health conditions;
- Medication trials and support (if needed);
- Weekly individual and group therapy;
- Weekly parent psychoeducation groups;
- Referrals to relevant community and social supports; and
- Tapered management and supported transition back to usual school and healthcare team.

The classrooms are designed for patients who:

- have limited symptom improvement from prior treatment;
- would not benefit from or require admission to a hospital;
- have the functional capacity to participate in programming; and
- are currently under the care of a physician, nurse practitioner or psychiatrist.



Where are CASA Classrooms?

Visit casamentalhealth.org/casa-classrooms for the most up-to-date location information.

Contact

For more information about CASA Classrooms, please visit casamentalhealth.org or contact infoclassrooms@casaservices.org