

# "Be somebody that makes everybody feel like a somebody." CASA Mental Health unveils mural tribute to Colby Cave

A new mural at CASA Centre greets children and youth receiving treatment at CASA Mental Health every time they enter the gymnasium. The mural pays tribute to Colby Cave, former Oilers forward and mental health champion, who passed away unexpectedly in April 2020.

CASA Mental Health and Emily Cave — Colby's wife — commissioned the mural in November 2023, through the Colby Cave Memorial Fund. Edmonton-based artist Rahmaan Hameed painted the 8' by 6' mural, which contains references to the Edmonton Oilers, the Boston Bruins, Colby's Kids and memories shared by the Cave family.

A puck with #18 on it alludes to Colby's friendship with Boston Bruins player Danton Heinen. Danton donated \$1,000 to Colby's Kids, a program funded by the Colby Cave Memorial Fund and the Edmonton Oilers Community Foundation, for every goal he scored following Colby's death, totalling \$18,000.

"This mural means so much to me. It symbolizes the hockey brotherhood and the importance of friendship. Although Danton no longer played on the same team as Colby, they still loved and supported each other. When I think about this mural and friendship, I think about CASA and all the amazing work that they are doing here for so many children. Friendship and giving back is about establishing support, love and encouragement during a difficult time so that no one feels alone — that is why it is an honour to have this mural and story of friendship here at CASA." – Emily Cave

The mural serves as a daily reminder to lead with kindness, adorned with Colby and Emily's motto: 'Be somebody that makes everybody feel like a somebody.' It also reminds CASA kids and youth that they aren't alone in their mental health journey.

"The funding we receive from the Colby's Kids initiative supports CASA's vision of a community where all children, youth and their families are provided with timely mental health care and empowered to thrive. Every child who enters treatment is welcomed with a Colby's Kids backpack and notebook. Colby was a strong mental health advocate, and the mural is a beautiful tribute to his legacy."

- Bonnie Blakley, CASA CEO

Media are invited to see the mural and speak with Emily Cave, Edmonton Oilers Community Foundation Board Chair Corey Smith, mural artist Rahmaan Hameed and CASA CEO Bonnie Blakley.

When: Tuesday, Feb. 20 at 11:30 a.m.

Where: CASA Centre, 10645 63 Ave. NW, Edmonton

Please email or call to confirm attendance beforehand.

#### **Media contact:**

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### **About the Colby Cave Memorial Fund**

Emily Cave and the Edmonton Oilers created the Colby Cave Memorial Fund to carry on the memory and legacy of Oilers forward Colby Cave, who passed away suddenly and tragically on April 11, 2020. Proceeds from the fund go toward Colby's Kids – community programs with an emphasis on mental health initiatives via CASA Mental Health and providing access to sports for underprivileged children via the former Edmonton Oilers 2nd Shift.

Cave made a lasting impact both on and off the ice with the Edmonton Oilers and the AHL's Bakersfield Condors, and before that with the Boston Bruins organization and the WHL's Swift Current Broncos. Cave was a consummate professional, well-respected by teammates and opponents alike. He was also a committed and positive member of the communities in which he played, eagerly volunteering for charitable initiatives and always stopping to say hi to fans.

## **About Edmonton Oilers Community Foundation**

The Edmonton Oilers Community Foundation (EOCF) is a proud supporter of Oil Country and has been contributing to our community's success since 2001. With a focus on programs aimed at those most vulnerable in our community and youth hockey programming with a goal to increase participation of under-represented groups in our community, the Oilers Foundation is dedicated to building strong, vibrant and safe communities by demonstrating philanthropic leadership and continues its deep legacy of giving back. Thanks to the generosity of our valued hockey fans, Oilers players and alumni, the EOCF Board of Directors, OEG Sports & Entertainment employees and the Katz Family, the Foundation has contributed to more than 3,000 charitable organizations and minor hockey programs across Oil Country.

#### **About CASA Mental Health**

CASA Mental Health is a non-profit, accredited provider of clinical mental health services, delivering holistic, culturally-safe wrap-around services to Albertans aged three to 18 and their families. CASA provides mental health service to the "missing middle" – therapeutic and medical treatment for children and youth, in between prevention and promotion in primary and community care, and acute treatment in hospital.

CASA's team of mental health professionals are trauma experts committed to delivering service in collaboration with community partners. This includes assessment and treatment for thousands of children, youth and families each year, from community outreach settings to intensive treatment programs.

